



BEVERAGE MENU NUTRITIONAL ANALYSIS

Aug. 2020

Alcoholic Beverages	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
Absolut Peach Palmer (1 drink)	345	0	0	0	0	0	9	61	0	55	0	0	16	1	0
Aqua (1 drink)	220	0	0	0	0	0	24	32	0	23	0	188	30	15	0
Bloody Mary (1 drink)	302	9	1	0	0	0	5830	44	1	22	1	395	40	23	0
Bloody Mary (1 drink) with Bacon Salt Rim	312	9	1	0	0	0	6210	47	1	25	1	395	40	23	0
Cabernet Sauvignon (1 glass)	148	0	0	0	0	0	0	5	0	0	0	0	0	0	0
Caribbean Cooler (1 drink)	310	13	1	0	0	0	28	47	0	35	0	63	25	5	0
Chardonnay (1 glass)	140	0	0	0	0	0	9	8	0	2	0	0	0	0	0
Daytona Daiquiri (1 drink)	357	41	5	2	0	23	45	48	1	44	0	1	22	2	0
Formula 1 Rita (1 drink)	228	0	0	0	0	0	7	36	0	33	0	6	15	4	0
Grand Prix Sangria (1 drink)	256	0	0	0	0	0	26	36	1	31	0	49	24	11	0
Green Tea Shot (1 drink)	110	0	0	0	0	0	8	10	0	4	0	0	1	0	0
Hunch Punch Hurricane (1 drink)	281	0	0	0	0	0	26	48	1	42	0	149	41	19	0
Irish Car Bomb (1 drink)	194	17	2	1	0	0	11	13	0	3	0	0	0	0	0
Jack Berry Smash (1 drink)	238	0	0	0	0	0	56	39	1	34	0	125	20	6	0
Jager Bomb (1 drink)	132	0	0	0	0	0	36	10	0	10	0	0	0	0	0
Jameson Peach Smash (1 drink)	311	0	0	0	0	0	20	51	1	45	0	173	19	7	0
Leaded Lube-A-Rita (1 drink)	275	1	0	0	0	0	20	33	1	31	0	7	17	11	0
Lube Island Tea (1 drink)	191	0	0	0	0	0	14	20	1	18	0	3	8	7	0
Lube LIT (1 drink)	211	0	0	0	0	0	37	26	1	24	0	3	12	7	0
Lube Rita (1 drink)	319	0	0	0	0	0	15	44	0	34	0	6	36	4	0
Lube Rita (1 drink) with Salt Rim	319	0	0	0	0	0	295	44	0	34	0	6	36	4	0
Mango Daytona Daiquiri (1 drink)	278	0	0	0	0	0	16	50	0	48	0	0	0	0	0
Mango Lube-A-Rita, Frozen (1 drink)	327	0	0	0	0	0	28	54	2	47	0	6	47	4	0
Mango Lube-A-Rita, Frozen (1 drink) with Salt Rim	327	0	0	0	0	0	308	54	2	47	0	6	47	4	0
Mango Lube-A-Rita, Frozen (1 drink) with Sugar Rim	331	0	0	0	0	0	28	55	2	48	0	6	47	4	0
Mango Lube-A-Rita, Rocks (1 drink)	327	0	0	0	0	0	28	54	2	47	0	6	47	4	0
Mango Lube-A-Rita, Rocks (1 drink) with Salt Rim	327	0	0	0	0	0	308	54	2	47	0	6	47	4	0
Mango Lube-A-Rita, Rocks (1 drink) with Sugar Rim	331	0	0	0	0	0	28	55	2	48	0	6	47	4	0
Mango Margarita (1 drink)	334	0	0	0	0	0	15	58	0	55	0	6	3	4	0
Mango Margarita (1 drink) with Salt Rim	334	0	0	0	0	0	295	58	0	55	0	6	3	4	0
Mango Margarita (1 drink) with Sugar Rim	338	0	0	0	0	0	15	59	0	56	0	6	3	4	0
Merlot (6 fluid ounces)	148	0	0	0	0	0	7	4	0	1	0	0	0	14	1
Mexican Mule (1 drink)	180	1	0	0	0	0	1	20	1	17	0	17	10	11	0
Motor City Rita (1 drink)	365	0	0	0	0	0	12	50	1	40	0	49	38	11	0
Peach Bliss Sangria (1 drink)	312	1	0	0	0	0	12	53	1	48	0	46	39	14	0
Peach Lube-A-Rita, Frozen (1 drink)	302	0	0	0	0	0	43	48	3	41	0	56	50	4	0
Peach Lube-A-Rita, Frozen (1 drink) with Salt Rim	302	0	0	0	0	0	323	48	3	41	0	56	50	4	0
Peach Lube-A-Rita, Frozen (1 drink) with Sugar Rim	306	0	0	0	0	0	43	49	3	42	0	56	50	4	0
Peach Lube-A-Rita, Rocks (1 drink)	302	0	0	0	0	0	43	48	3	41	0	56	50	4	0
Peach Lube-A-Rita, Rocks (1 drink) with Salt Rim	302	0	0	0	0	0	323	48	3	41	0	56	50	4	0
Peach Lube-A-Rita, Rocks (1 drink) with Sugar Rim	306	0	0	0	0	0	43	49	3	42	0	56	50	4	0
Peanut Butter Coconut Whiskey Colada (1 drink)	482	161	18	9	0	48	110	62	1	50	3	200	1	100	0
Pinot Grigio (1 glass)	148	0	0	0	0	0	0	4	0	0	0	0	0	0	0
Pinot Noir (1 glass)	146	0	0	0	0	0	0	4	0	0	0	0	0	0	0
Red Blend (6 fluid ounces)	133	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Red Bull Sugar Free Road Soda (1 drink)	63	0	0	0	0	0	104	17	1	9	0	37	31	7	0
Red Sangria (1 drink)	220	1	0	0	0	0	12	28	1	11	0	10	22	12	0
Rose (1 glass)	127	0	0	0	0	0	6	3	0	3	0	0	0	0	0
Sauvignon Blanc (6 fluid ounces)	145	0	0	0	0	0	0	4	0	0	0	0	0	0	0
Shark Punch (1 drink)	137	0	0	0	0	0	4	22	1	18	1	250	48	18	0
Skrewball Old Fashioned (1 drink)	158	0	0	0	0	0	0	14	0	10	0	0	0	0	0
Strawberry Bourbon Mule (1 drink)	204	1	0	0	0	0	6	25	1	21	0	17	12	11	0
Strawberry Daiquiri (1 drink)	316	18	2	1	0	10	0	52	3	44	0	1	87	2	0
Strawberry Daytona Daiquiri (1 drink)	328	26	3	1	0	14	0	53	3	45	0	1	87	2	0
Strawberry Lube-A-Rita, Frozen (1 drink)	327	0	0	0	0	0	20	53	4	44	0	6	87	4	0
Strawberry Lube-A-Rita, Frozen (1 drink) with Salt Rim	327	0	0	0	0	0	300	53	4	44	0	6	87	4	0
Strawberry Lube-A-Rita, Frozen (1 drink) with Sugar Rim	331	0	0	0	0	0	20	54	4	45	0	6	87	4	0
Strawberry Lube-A-Rita, Rocks (1 drink)	327	0	0	0	0	0	20	53	4	44	0	6	87	4	0

Strawberry Lube-A-Rita, Rocks (1 drink) with Salt Rim	327	0	0	0	0	0	0	300	53	4	44	0	6	87	4	0
Strawberry Lube-A-Rita, Rocks (1 drink) with Sugar Rim	331	0	0	0	0	0	0	20	54	4	45	0	6	87	4	0
Strawberry Margarita (1 drink)	328	0	0	0	0	0	0	0	56	3	47	0	1	87	2	0
Strawberry Margarita (1 drink) with Sugar Rim	332	0	0	0	0	0	0	0	57	3	48	0	1	87	2	0
Strawberry Palmer (1 drink)	263	0	0	0	0	0	0	71	46	1	43	0	4	22	8	0
Strawberry Passion 'Rita (1 drink)	255	0	0	0	0	0	0	26	40	0	37	0	31	26	4	0
The Lubinati (1 drink)	268	0	0	0	0	0	0	8	41	0	32	0	0	16	0	0
Tito's Bloody Mary (1 drink)	329	39	4	1	0	7	5917	42	0	20	2	63	27	11	0	0
Tito's Grilled Lemonade (1 drink)	238	1	0	0	0	0	27	37	1	34	0	7	18	10	0	0
Titos Blueberry Lemonade (1 drink)	296	1	0	0	0	0	11	54	1	50	0	10	28	10	0	0
Titos Mule (1 drink)	169	1	0	0	0	0	1	20	1	17	0	17	10	11	0	0
Titos Strawberry Lemonade (1 drink)	228	1	0	0	0	0	16	35	1	32	0	7	19	12	0	0
Vegas Bomb (1 drink)	169	0	0	0	0	0	36	19	0	10	0	0	0	0	0	0
Washington Apple (1 drink)	137	0	0	0	0	0	9	17	0	9	0	0	15	0	0	0
Washington Apple Shot (1 drink)	119	0	0	0	0	0	4	15	0	4	0	0	8	0	0	0
Well Leaded Lube-N-Ade (1 drink)	248	1	0	0	0	0	12	25	1	23	0	7	15	9	0	0
Well Leaded Lube-N-Ade (1 drink) with Flavor Choice Lemon Sou	280	1	0	0	0	0	28	34	1	31	0	7	17	9	0	0
Well Leaded Lube-N-Ade (1 drink) with Flavor Choice Mango	298	1	0	0	0	0	15	38	1	35	0	7	15	9	0	0
Well Leaded Lube-N-Ade (1 drink) with Flavor Choice Peach	285	1	0	0	0	0	23	35	1	32	0	32	17	9	0	0
Well Leaded Lube-N-Ade (1 drink) with Flavor Choice Pear	348	1	0	0	0	0	12	50	1	47	0	7	15	9	0	0
Well Leaded Lube-N-Ade (1 drink) with Flavor Choice Raspberry	290	1	0	0	0	0	20	36	1	33	0	257	15	9	0	0
Well Leaded Lube-N-Ade (1 drink) with Flavor Choice Strawberry	288	1	0	0	0	0	23	35	1	33	0	7	19	9	0	0
Well Leaded Lube-N-Ade (1 drink) with Flavor Choice Wildberry	289	1	0	0	0	0	14	35	2	31	0	7	38	9	0	0
Well Lube Island Tea (1 drink)	212	0	0	0	0	0	41	26	1	24	0	3	12	7	0	0
Well Lube-A-Rita (1 drink)	124	0	0	0	0	0	0	7	0	7	0	0	0	0	0	0
Well Lube-A-Rita (1 drink) with Flavor Choice Citrus Sour	274	0	0	0	0	0	15	44	0	41	0	0	32	0	0	0
Well Lube-A-Rita (1 drink) with Flavor Choice Mango	324	0	0	0	0	0	15	57	0	55	0	0	0	0	0	0
Well Lube-A-Rita (1 drink) with Flavor Choice Peach	274	0	0	0	0	0	45	45	1	43	0	100	6	0	0	0
Well Lube-A-Rita (1 drink) with Flavor Choice Pear	524	0	0	0	0	0	0	107	0	103	0	0	0	0	0	0
Well Lube-A-Rita (1 drink) with Flavor Choice Raspberry	294	0	0	0	0	0	35	49	1	46	0	1000	0	0	1	0
Well Lube-A-Rita (1 drink) with Flavor Choice Strawberry	284	0	0	0	0	0	45	47	1	46	0	0	15	0	0	0
Well Lube-A-Rita (1 drink) with Flavor Choice Wildberry	289	0	0	0	0	0	8	47	3	35	0	0	90	0	1	0
Well Lube-A-Rita (1 drink) with Salt Rim	124	0	0	0	0	0	280	7	0	7	0	0	0	0	0	0
Well Lube-A-Rita (1 drink) with Sugar Rim	128	0	0	0	0	0	0	8	0	8	0	0	0	0	0	0
Wildberry Daytona Daiquiri (1 drink)	243	0	0	0	0	0	9	40	3	28	0	0	90	0	1	0
Wildberry Lube-A-Rita, Frozen (1 drink)	310	0	0	0	0	0	24	49	4	37	0	6	92	4	0	0
Wildberry Lube-A-Rita, Frozen (1 drink) with Salt Rim	310	0	0	0	0	0	304	49	4	37	0	6	92	4	0	0
Wildberry Lube-A-Rita, Frozen (1 drink) with Sugar Rim	314	0	0	0	0	0	24	50	4	38	0	6	92	4	0	0
Wildberry Lube-A-Rita, Rocks (1 drink)	310	0	0	0	0	0	24	49	4	37	0	6	92	4	0	0
Wildberry Lube-A-Rita, Rocks (1 drink) with Salt Rim	310	0	0	0	0	0	304	49	4	37	0	6	92	4	0	0
Wildberry Lube-A-Rita, Rocks (1 drink) with Sugar Rim	314	0	0	0	0	0	24	50	4	38	0	6	92	4	0	0
Wildberry Margarita (1 drink)	568	0	0	0	0	0	20	118	4	113	0	6	3	4	0	0
Wildberry Margarita (1 drink) with Sugar Rim	572	0	0	0	0	0	20	119	4	114	0	6	3	4	0	0
Beverages	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (u)	Vit C (mg)	Calcium (mg)	Iron (mg)	
Grilled Lemonade (1 drink)	148	1	0	0	0	0	28	37	1	34	0	7	18	11	0	0
Orange Cream Soda (1 drink)	268	41	5	2	0	23	31	55	0	55	0	0	0	0	0	0
Unleaded Lube-N-Ade (1 drink)	51	1	0	0	0	0	7	12	2	7	1	15	27	20	0	0
Vanilla Cream Soda (1 drink)	268	41	5	2	0	23	31	56	0	56	0	0	0	0	0	0