



Menu Nutrition Analysis
(April/May 2018 Menu)
Item availability may differ by location.

EFFECTIVE APRIL 2018. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. All items are listed as served, unless otherwise indicated.

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
Jump Starters															
4-Wheeler (1 serving)	1709	672	75	22	0	49	6342	198	5	21	43	937	13	698	6
Arizona Ranch Chicken Dip (1 serving)	1095	524	58	26	0	160	3603	99	5	7	41	1623	5	458	6
Bavarian Pretzels (1 serving)	886	204	23	8	0	24	4553	126	7	5	26	326	1	241	9
Boom Boom Shrimp (1 serving)	795	518	58	8	0	128	1758	48	2	9	15	1007	20	79	3
Cheese Curds and Lube Chips (1 serving)	1141	739	82	44	0	237	1987	26	1	3	56	451	3	347	0
Chipotle Chicken Quesadillas (1 serving)	692	343	38	17	1	109	1690	47	5	8	41	2330	17	587	4
Fried Mozzarella (1 serving)	853	345	38	16	0	2	2383	97	0	3	30	445	13	589	1
Fully Loaded Nachos with Pork Carnitas (1 serving)	1518	743	83	41	0	243	3285	121	9	13	68	3676	22	1254	4
Fully Loaded Nachos with Pulled Chicken (1 serving)	1433	628	70	37	0	234	2689	122	9	14	73	3721	23	1245	4
Grilled Boneless Wings and Pick-Up Pickles (1 serving)	784	218	24	4	0	124	2528	76	6	7	60	972	14	187	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Jalapeno Ranch Dressing	1064	488	54	9	0	154	3028	78	6	9	60	972	14	187	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Ranch Dressing	984	416	46	7	0	144	3068	78	6	9	60	972	14	227	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Wing Dust Chipotle BBQ	806	226	25	4	0	124	3003	80	6	10	61	1453	14	194	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Wing Dust Ghost Pepper Seasoning	814	236	26	5	0	124	3224	79	6	8	61	2018	15	194	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Wing Dust Mango Habanero	824	221	25	4	0	124	3250	86	6	14	61	1636	16	223	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Wing Sauce Choice Arizona Ranch	919	340	38	6	0	132	3023	79	7	9	60	1722	14	217	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Wing Sauce Choice Asian Sesame	949	340	38	6	0	124	3098	85	6	15	60	1122	15	187	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Wing Sauce Choice Boom Boom Sauce	1039	448	50	8	0	147	2933	81	6	10	60	1122	17	187	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Wing Sauce Choice Buckeye BBQ	874	218	24	4	0	124	2948	99	6	28	60	1422	19	217	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Wing Sauce Choice Cajun	919	340	38	6	0	124	3023	79	7	9	60	1722	14	217	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Wing Sauce Choice Golden Garlic	919	340	38	6	0	124	3128	78	6	7	60	1122	15	187	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Wing Sauce Choice Haute Parmesan	915	335	37	6	0	130	3201	79	7	7	62	1047	24	232	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Wing Sauce Choice Hot	796	223	25	4	0	124	3883	78	7	8	61	1786	15	194	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Wing Sauce Choice Kentucky Bourbon Glaze	869	218	24	4	0	124	3068	100	6	30	60	1122	14	187	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Wing Sauce Choice Louisiana Lickers	874	252	28	4	0	124	3278	88	6	18	60	1422	17	187	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Wing Sauce Choice Medium	949	380	42	7	0	124	3278	78	6	7	60	1422	14	187	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Wing Sauce Choice Mild	979	407	45	7	0	124	3023	76	6	7	60	1272	14	187	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Wing Sauce Choice Original BBQ	889	218	24	4	0	124	2958	102	6	10	60	1122	14	187	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Wing Sauce Choice Parmesan Pepper	1009	421	47	9	0	169	3113	76	6	7	60	972	14	367	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	889	218	24	4	0	124	3068	103	6	34	60	972	14	187	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Wing Sauce Choice Supercharged	979	225	25	4	0	124	3113	78	7	7	60	3597	15	187	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Wing Sauce Choice Thai R Cracker	919	340	38	6	0	124	3113	81	6	39	60	1122	14	187	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Wing Sauce Choice Thaisian	934	279	31	5	0	124	3135	97	6	27	60	1122	15	187	6
Grilled Boneless Wings and Pick-Up Pickles (1 serving) with Wing Sauce Choice Triple Atomic	853	230	26	4	0	124	3257	90	7	19	61	1635	82	192	6
Loaded Magna Fries (1 serving)	1319	826	92	30	0	120	2771	90	8	5	33	1033	27	651	3
Lube Chips and Dip (1 serving)	337	173	19	4	0	0	553	35	3	0	3	4	0	68	1
Lube Chips and Dip (1 serving) with Beer Cheese Topped with Scallions	638	308	34	13	0	36	1205	41	3	5	11	564	2	318	1
Lube Chips and Dip (1 serving) with White Queso	486	268	30	9	0	20	1165	43	3	3	9	406	2	242	1
O-Rings, Full (1 serving)	641	177	20	2	0	0	3030	103	0	26	9	906	7	63	2
O-Rings, Half (1 serving)	428	118	13	1	0	0	2020	69	0	34	6	604	5	42	1
Pick-Up Pickles (1 serving)	329	107	12	3	0	5	1975	44	4	6	9	449	5	127	1
Pick-Up Pickles (1 serving) with Jalapeno Ranch Dressing	609	377	42	4	0	5	2475	46	4	8	9	449	5	127	1
Pick-Up Pickles (1 serving) with Ranch Dressing	529	305	34	6	0	25	2515	46	4	8	9	449	5	167	1
Street Foods															
Crispy Chicken Sliders (1 serving)	889	329	37	7	1	82	2822	95	3	14	44	1520	21	371	5
Mahi Street Tacos, 2 (1 serving)	430	237	26	8	0	63	822	32	2	3	15	1073	15	182	3
Mahi Street Tacos, 3 (1 serving)	819	311	35	12	0	99	1966	93	6	6	31	1706	29	313	7
Pork Carnitas Tacos, 2 (1 serving)	363	171	19	8	0	57	1056	33	3	3	15	1026	16	189	3
Pork Carnitas Tacos, 3 (1 serving)	783	275	31	13	0	90	2403	94	7	6	29	1687	30	323	7
Pulled Chicken Tacos, 2 (1 serving)	320	113	13	6	0	52	759	33	3	3	17	1048	17	184	2
Pulled Chicken Tacos, 3 (1 serving)	718	189	21	9	0	82	1956	95	7	6	33	1721	31	316	7
Wings															
Breaded Boneless Wings, Basket (1 serving)	301	291	32	5	0	178	2722	75	2	2	76	5644	2	24	5
Breaded Boneless Wings, Basket (1 serving) with Bleu Cheese Dressing	1181	557	62	9	0	197	3214	77	2	4	78	5721	2	24	5
Breaded Boneless Wings, Basket (1 serving) with Ranch Dressing	1101	489	54	8	0	198	3262	77	2	4	76	5644	2	24	5
Breaded Boneless Wings, Basket (1 serving) with Wing Dust Chipotle BBQ	945	306	34	6	0	178	3672	83	2	8	76	6605	2	37	6
Breaded Boneless Wings, Basket (1 serving) with Wing Dust Ghost Pepper Seasoning	969	289	34	6	0	178	4114	81	3	4	77	7732	4	24	6
Breaded Boneless Wings, Basket (1 serving) with Wing Dust Mango Habanero	981	296	33	5	0	178	4166	93	2	16	77	6972	7	96	6
Breaded Boneless Wings, Basket (1 serving) with Wing Sauce Choice Arizona Ranch	1141	507	56	8	0	193	5152	81	2	5	76	6844	5	24	5
Breaded Boneless Wings, Basket (1 serving) with Wing Sauce Choice Asian Sesame	1231	534	59	10	0	178	3862	93	2	17	76	5944	5	24	5
Breaded Boneless Wings, Basket (1 serving) with Wing Sauce Choice Boom Boom Sauce	1411	696	83	13	0	229	3532	99	2	8	76	5944	5	24	5
Breaded Boneless Wings, Basket (1 serving) with Wing Sauce Choice Buckeye BBQ	1081	291	32	5	0	178	3562	120	2	44	76	6544	13	84	6
Breaded Boneless Wings, Basket (1 serving) with Wing Sauce Choice Cajun	1171	534	59	10	0	193	3712	81	5	5	76	7144	2	84	6
Breaded Boneless Wings, Basket (1 serving) with Wing Sauce Choice Golden Garlic	1171	534	59	10	0	178	3922	78	5	2	76	5944	5	24	5
Breaded Boneless Wings, Basket (1 serving) with Wing Sauce Choice Haute Parmesan	1163	523	58	10	0	189	4067	80	3	2	76	5794	23	114	7
Breaded Boneless Wings, Basket (1 serving) with Wing Sauce Choice Hot	925	300	33	5	0	178	5431	79	3	4	77	7271	4	37	6
Breaded Boneless Wings, Basket (1 serving) with Wing Sauce Choice Kentucky Bourbon Glaze	1111	291	32	5	0	178	3802	123	2	47	76	5944	2	24	10
Breaded Boneless Wings, Basket (1 serving) with Wing Sauce Choice Louisiana Lickers	1081	359	40	5	0	178	3559	99	2	23	76	6222	9	24	6
Breaded Boneless Wings, Basket (1 serving) with Wing Sauce Choice Medium	1231	615	68	11	0	178	4222	78	2	2	76	6544	2	24	5
Breaded Boneless Wings, Basket (1 serving) with Wing Sauce Choice Mild	1291	669	74	11	0	178	3712	75	2	2	76	6244	2	24	5
Breaded Boneless Wings, Basket (1 serving) with Wing Sauce Choice Original BBQ	1111	291	32	5	0	178	3382	126	2	47	76	5644	16	24	6
Breaded Boneless Wings, Basket (1 serving) with Wing Sauce Choice Parmesan Pepper	1351	696	77	14	0	236	3922	75	2	2	76	5944	2	384	6
Breaded Boneless Wings, Basket (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	1111	291	32	5	0	178	3802	129	2	56	76	5644	2	24	5
Breaded Boneless Wings, Basket (1 serving) with Wing Sauce Choice Supercharged	931	305	34	5	0	178	3892	78	5	2	76	10894	5	24	6
Breaded Boneless Wings, Basket (1 serving) with Wing Sauce Choice Thai R Cracker	1171	291	32	5	0	178	4012	141	2	65	76	5944	2	24	5
Breaded Boneless Wings, Basket (1 serving) with Wing Sauce Choice Thaisian	1201	413	46	7	0	178	4117	117	2	41	76	5944	4	24	5
Breaded Boneless Wings, Basket (1 serving) with Wing Sauce Choice Triple Atomic	1039	315	35	6	0	178	4181	103	3	25	77	6970	138	33	6
Breaded Boneless Wings, Bucket (1 serving)	1902	582	65	10	0	356	5444	151	3	5	152	11288	4	48	10
Breaded Boneless Wings, Bucket (1 serving) with Wing Dust Chipotle BBQ	2001	647	72	13	2	356	6719	183	5	28	153	15614	6	108	12
Breaded Boneless Wings, Bucket (1 serving) with Wing Dust Ghost Pepper Seasoning															

Breaded Boneless Wings, Starter (1 serving) with Wing Sauce Choice Medium	680	362	40	7	0	89	2388	42	2	2	38	6244	2	24	3
Breaded Boneless Wings, Starter (1 serving) with Wing Sauce Choice Mild	720	398	44	7	0	89	2048	40	2	2	38	6044	2	24	3
Breaded Boneless Wings, Starter (1 serving) with Wing Sauce Choice Original BBQ	680	446	16	3	0	89	2328	42	2	2	38	6244	2	24	3
Breaded Boneless Wings, Starter (1 serving) with Wing Sauce Choice Parmesan Pepper	760	416	46	9	0	149	2168	40	2	2	38	5644	2	24	3
Breaded Boneless Wings, Starter (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	660	146	6	3	0	89	2168	76	2	38	38	5644	2	24	3
Breaded Boneless Wings, Starter (1 serving) with Wing Sauce Choice Supercharged	680	155	17	2	0	89	2168	40	2	2	38	6144	2	24	3
Breaded Boneless Wings, Starter (1 serving) with Wing Sauce Choice Thai R Cracker	640	146	16	3	0	89	2248	84	2	44	38	5844	2	24	3
Breaded Boneless Wings, Starter (1 serving) with Wing Sauce Choice Triple Atomic	660	227	25	4	0	89	2198	68	2	28	38	5844	3	24	3
Breaded Boneless Wings, Starter (1 serving) with Wing Sauce Choice Triple Atomic	552	162	18	3	0	89	2360	58	3	18	39	6528	93	30	3
Grilled Boneless Wings, Single Order (1 serving)	579	156	17	3	0	124	1271	47	3	3	56	698	10	146	5
Grilled Boneless Wings, Single Order (1 serving) with Wing Dust Ghost Pepper Seasoning	602	164	18	3	0	124	1746	51	3	6	56	1178	11	152	5
Grilled Boneless Wings, Single Order (1 serving) with Wing Dust Ghost Pepper Seasoning	810	174	19	4	0	124	1967	50	4	4	56	1743	12	152	5
Grilled Boneless Wings, Single Order (1 serving) with Wing Dust Mango Habanero	119	359	18	3	0	124	1993	56	4	10	56	1362	13	182	5
Grilled Boneless Wings, Single Order (1 serving) with Wing Sauce Choice Arizona Ranch	699	264	29	4	0	131	2486	50	3	5	56	1298	12	146	5
Grilled Boneless Wings, Single Order (1 serving) with Wing Sauce Choice Asian Sesame	744	278	31	5	0	124	1841	56	3	11	56	848	12	146	5
Grilled Boneless Wings, Single Order (1 serving) with Wing Sauce Choice Boom Boom Sauce	834	386	43	7	0	146	1676	52	3	6	56	848	14	146	5
Grilled Boneless Wings, Single Order (1 serving) with Wing Sauce Choice Buckeye BBQ	669	156	17	3	0	124	1691	70	3	24	56	1148	16	176	5
Grilled Boneless Wings, Single Order (1 serving) with Wing Sauce Choice Cajun	714	278	31	5	0	131	1766	50	5	5	56	1448	10	176	5
Grilled Boneless Wings, Single Order (1 serving) with Wing Sauce Choice Golden Garlic	714	278	31	5	0	124	1871	49	3	3	56	848	12	146	5
Grilled Boneless Wings, Single Order (1 serving) with Wing Sauce Choice Haute Parmesan	711	272	30	5	0	129	1944	49	4	3	57	773	21	191	5
Grilled Boneless Wings, Single Order (1 serving) with Wing Sauce Choice Hot	592	156	17	3	0	124	2226	49	4	4	56	1612	12	152	5
Grilled Boneless Wings, Single Order (1 serving) with Wing Sauce Choice Kentucky Bourbon Glaze	684	156	17	3	0	124	1811	71	3	26	56	848	10	146	7
Grilled Boneless Wings, Single Order (1 serving) with Wing Sauce Choice Louisiana Lickers	669	190	21	3	0	124	2021	59	3	14	56	1148	14	146	5
Grilled Boneless Wings, Single Order (1 serving) with Wing Sauce Choice Medium	744	318	35	6	0	124	2021	49	3	3	56	1148	10	146	5
Grilled Boneless Wings, Single Order (1 serving) with Wing Sauce Choice Mild	774	345	38	6	0	124	1766	47	3	7	56	998	10	146	5
Grilled Boneless Wings, Single Order (1 serving) with Wing Sauce Choice Original BBQ	684	156	17	3	0	124	1601	73	3	26	56	698	18	146	5
Grilled Boneless Wings, Single Order (1 serving) with Wing Sauce Choice Parmesan Pepper	804	359	40	7	0	169	1856	47	3	3	56	698	10	326	5
Grilled Boneless Wings, Single Order (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	684	156	17	3	0	124	1811	71	3	30	56	698	10	146	5
Grilled Boneless Wings, Single Order (1 serving) with Wing Sauce Choice Thaisian	592	156	17	3	0	124	1856	49	5	3	56	3328	12	146	5
Grilled Boneless Wings, Single Order (1 serving) with Wing Sauce Choice Thai R Cracker	714	156	17	3	0	124	1916	80	3	35	56	848	10	146	5
Grilled Boneless Wings, Single Order (1 serving) with Wing Sauce Choice Thaisian	729	217	24	4	0	124	1879	68	3	23	56	848	11	146	5
Grilled Boneless Wings, Single Order (1 serving) with Wing Sauce Choice Triple Atomic	648	168	19	3	0	124	2001	61	4	15	56	1361	79	151	5
Grilled Boneless Wings, Superize Single (1 serving)	824	219	24	4	0	173	1743	69	4	4	79	716	12	210	7
Grilled Boneless Wings, Superize Single (1 serving) with Wing Dust Chipotle BBQ	857	230	26	5	0	173	2455	74	5	7	79	1437	12	219	7
Grilled Boneless Wings, Superize Single (1 serving) with Wing Sauce Choice Louisiana Lickers	867	245	27	6	0	173	2787	73	5	5	79	2284	13	219	7
Grilled Boneless Wings, Superize Single (1 serving) with Wing Dust Mango Habanero	884	223	25	4	0	173	2826	82	5	14	79	1732	15	264	7
Grilled Boneless Wings, Superize Single (1 serving) with Wing Sauce Choice Arizona Ranch	1064	435	48	7	0	188	4173	75	4	7	79	1916	15	210	7
Grilled Boneless Wings, Superize Single (1 serving) with Wing Sauce Choice Asian Sesame	1154	462	51	9	0	173	2883	87	4	19	79	1016	15	210	7
Grilled Boneless Wings, Superize Single (1 serving) with Wing Sauce Choice Boom Boom Sauce	1133	462	51	9	0	173	2533	78	4	10	79	1016	15	210	7
Grilled Boneless Wings, Superize Single (1 serving) with Wing Sauce Choice Buckeye BBQ	1004	219	24	4	0	173	2583	114	4	46	79	1616	22	270	8
Grilled Boneless Wings, Superize Single (1 serving) with Wing Sauce Choice Cajun	1094	462	51	9	0	188	2733	75	7	7	79	2212	12	270	8
Grilled Boneless Wings, Superize Single (1 serving) with Wing Sauce Choice Golden Garlic	1094	462	51	9	0	173	2943	72	4	4	79	1016	15	210	7
Grilled Boneless Wings, Superize Single (1 serving) with Wing Sauce Choice Haute Parmesan	1094	462	51	9	0	173	2943	72	4	4	79	1016	15	210	7
Grilled Boneless Wings, Superize Single (1 serving) with Wing Sauce Choice Hot	848	228	25	4	0	173	4452	72	6	5	79	2343	14	223	7
Grilled Boneless Wings, Superize Single (1 serving) with Wing Sauce Choice Kentucky Bourbon Glaze	1034	219	24	4	0	173	2823	117	4	49	79	1016	12	210	11
Grilled Boneless Wings, Superize Single (1 serving) with Wing Sauce Choice Louisiana Lickers	1004	257	32	4	0	173	3243	93	4	25	79	1616	19	210	8
Grilled Boneless Wings, Superize Single (1 serving) with Wing Sauce Choice Medium	1154	462	51	9	0	173	3443	69	4	4	79	1212	12	210	7
Grilled Boneless Wings, Superize Single (1 serving) with Wing Sauce Choice Mild	1214	597	66	10	0	173	2733	69	4	4	79	1316	12	210	7
Grilled Boneless Wings, Superize Single (1 serving) with Wing Sauce Choice Original BBQ	1034	219	24	4	0	173	2403	120	4	49	79	716	26	210	8
Grilled Boneless Wings, Superize Single (1 serving) with Wing Sauce Choice Parmesan Pepper	1224	624	69	13	0	263	2913	69	4	4	79	1212	12	210	7
Grilled Boneless Wings, Superize Single (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	1034	219	24	4	0	173	2823	123	4	58	79	716	12	210	7
Grilled Boneless Wings, Superize Single (1 serving) with Wing Sauce Choice Supercharged	854	233	26	4	0	173	2913	72	7	4	79	5986	15	210	8
Grilled Boneless Wings, Superize Single (1 serving) with Wing Sauce Choice Thai R Cracker	1094	219	24	4	0	173	3033	135	4	67	79	1016	12	210	7
Grilled Boneless Wings, Superize Single (1 serving) with Wing Sauce Choice Thaisian	1124	341	38	6	0	173	3113	111	4	43	79	1016	13	210	7
Grilled Boneless Wings, Superize Single (1 serving) with Wing Sauce Choice Triple Atomic	961	242	27	5	0	173	3201	97	6	27	79	2042	148	219	7
Jumbo Bone-In Wings, 1 Lb (1 serving)	733	522	58	14	0	189	233	4	2	2	45	6004	4	54	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Bleu Cheese Dressing	873	522	58	14	0	189	473	56	2	3	45	6042	4	54	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Ranch Dressing	833	621	69	15	0	189	503	5	2	3	45	6004	4	74	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Wing Dust Chipotle BBQ	755	530	59	14	0	189	708	8	2	5	45	6485	4	60	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Wing Dust Ghost Pepper Seasoning	763	540	60	15	0	189	929	7	2	3	46	7049	5	60	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Wing Dust Mango Habanero	773	522	58	14	0	189	958	18	2	4	45	6004	6	54	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Wing Sauce Choice Arizona Ranch	893	666	74	16	0	199	1853	8	2	4	45	6849	6	54	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Wing Sauce Choice Asian Sesame	953	684	76	17	0	189	993	16	2	12	45	6204	6	54	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Wing Sauce Choice Boom Boom Sauce	1073	828	92	19	0	219	773	10	2	6	45	6204	8	54	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Wing Sauce Choice Buckeye BBQ	853	622	68	16	0	189	933	32	2	3	45	6304	11	54	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Wing Sauce Choice Cajun	913	684	76	17	0	199	893	8	4	4	45	6204	4	94	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Wing Sauce Choice Golden Garlic	913	684	76	17	0	189	1033	6	2	2	45	6204	4	54	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Wing Sauce Choice Haute Parmesan	907	777	75	17	0	196	1077	7	2	6	45	6134	6	114	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Wing Sauce Choice Hot	749	528	59	14	0	189	2039	6	3	3	46	7089	5	62	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Wing Sauce Choice Kentucky Bourbon Glaze	873	522	58	14	0	189	953	36	2	32	45	6204	4	54	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Wing Sauce Choice Louisiana Lickers	853	567	63	14	0	189	1233	20	2	16	45	6604	4	54	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Wing Sauce Choice Medium	953	666	74	16	0	189	1633	64	2	4	45	6604	4	54	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Wing Sauce Choice Mild	993	774	86	18	0	189	893	4	2	2	45	6044	4	54	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Wing Sauce Choice Original BBQ	873	522	58	14	0	189	673	38	2	32	45	6004	13	54	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Wing Sauce Choice Parmesan Pepper	1033	792	88	20	0	249	1013	4	2	2	45	6004	4	294	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	873	522	58	14	0	189	1013	40	2	38	45	6304	4	54	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Wing Sauce Choice Supercharged	753	531	59	14	0	189	1013	6	4	2	45	9504	6	54	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Wing Sauce Choice Thai R Cracker	913	522	58	14	0	189	1093	48	2	44	45	6204	4	54	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Wing Sauce Choice Thaisian	933	603	67	15	0	189	1043	32	2	28	45	6204	5	54	3
Jumbo Bone-In Wings, 1 Lb (1 serving) with Wing Sauce Choice Triple Atomic	824	538	60	14	0	189	1205	23	3	18	46	6888	94	60	3
Jumbo Bone-In Wings, 2 Lb (1 serving)	1446	1044	116	28	0	377	411	4	2	2	90	6304	5	83	5
Jumbo Bone-In Wings, 2 Lb (1 serving) with Bleu Cheese Dressing	1586	1177	131	29	0	377	657	5	2	3	91	6042	5	83	5
Jumbo Bone-In Wings, 2 Lb (1 serving) with Ranch Dressing	1546	1143	127	28	0	377	387	11	2	3	91	6304	5	103	5
Jumbo Bone-In Wings, 2 Lb (1 serving) with Wing Dust Chipotle BBQ	1490	1058	118	28	0	377	1361	11	2	8	91	7325	6	96	5
Jumbo Bone-In Wings, 2 Lb (1 serving) with Wing Dust Ghost Pepper Seasoning	1506	1079	120	30	0	377	1804	10	3	4	91	8455	7	96	5
Jumbo Bone-In Wings, 2 Lb (1 serving) with Wing Dust Mango Habanero	1526	1049	116	28	0	377	1855	22	11	2	91	7632	10	96	5
Jumbo Bone-In Wings, 2 Lb (1 serving) with Wing Sauce Choice Arizona Ranch	1766	1332	148	33	0	467	1853	6	2	6	90	7894	10	83	6
Jumbo Bone-In Wings, 2 Lb (1 serving) with Wing Sauce Choice Asian Sesame	1886	1368	152	34	0	377	1931	28	2	22	90	6764	10	83	5
Jumbo Bone-In Wings, 2 Lb (1 serving) with Wing Sauce Choice Boom Boom	2126	1656	184	38	0										

Jumbo Bone-In Wings, 4 Lb (1 serving) with Wing Sauce Choice Supercharged	2962	2119	235	55	0	754	3553	15	10	5	180	24978	19	166	13
Jumbo Bone-In Wings, 4 Lb (1 serving) with Wing Sauce Choice Thai R Cracker	3522	2088	232	55	0	754	3533	162	3	152	180	13428	11	166	10
Jumbo Bone-In Wings, 4 Lb (1 serving) with Wing Sauce Choice Thaisian	3592	2311	263	69	0	754	3558	106	3	96	180	13428	15	166	10
Jumbo Bone-In Wings, 4 Lb (1 serving) with Wing Sauce Choice Triple Atomic	3213	2143	238	57	0	754	4227	73	6	59	182	15823	328	187	11
Compact Bucket of Wings (1 serving)	1453	1097	122	27	0	314	406	8	3	5	76	11888	7	97	5
Compact Bucket of Wings (1 serving) with Wing Dust Chipotle BBQ	1542	1126	125	28	1	314	2306	23	4	15	76	13810	8	123	6
Compact Bucket of Wings (1 serving) with Wing Dust Ghost Pepper Seasoning	1574	1167	130	32	0	314	3190	19	5	8	78	16070	11	123	5
Compact Bucket of Wings (1 serving) with Wing Dust Mango Habanero	1613	1107	123	27	0	314	3294	45	5	32	77	14543	17	241	6
Compact Bucket of Wings (1 serving) with Wing Sauce Choice Arizona Ranch	1873	1367	154	31	0	1773	1367	154	31	9	1773	13646	11	97	5
Compact Bucket of Wings (1 serving) with Wing Sauce Choice Asian Sesame	1893	1421	158	33	0	314	1926	32	3	25	76	12288	11	97	5
Compact Bucket of Wings (1 serving) with Wing Sauce Choice Boom Boom	2013	1601	178	35	0	374	2846	20	3	17	76	12688	16	97	5
Compact Bucket of Wings (1 serving) with Wing Sauce Choice Buckeye BBQ	1693	1097	122	27	0	314	1526	68	3	61	76	13088	21	177	6
Compact Bucket of Wings (1 serving) with Wing Sauce Choice Cajun	1813	1427	158	33	0	334	1726	16	3	173	76	13888	7	177	6
Compact Bucket of Wings (1 serving) with Wing Sauce Choice Garlic Parm	1970	1579	175	36	0	318	1635	14	4	5	79	12152	8	143	5
Compact Bucket of Wings (1 serving) with Wing Sauce Choice Golden Garlic	1813	1421	158	33	0	314	2006	12	3	5	76	12288	11	97	5
Compact Bucket of Wings (1 serving) with Wing Sauce Choice Haute Parmesan	1903	1407	156	33	0	329	2199	14	6	5	80	12088	35	217	7
Compact Bucket of Wings (1 serving) with Wing Sauce Choice Medium	1486	1108	123	27	0	314	4038	13	7	77	10558	10	115	5	
Compact Bucket of Wings (1 serving) with Wing Sauce Choice Kentucky Bourbon Glaze	1733	1097	122	27	0	314	1846	72	3	65	76	12288	7	97	10
Compact Bucket of Wings (1 serving) with Wing Sauce Choice Louisiana Lickers	1693	1187	132	27	0	314	2406	40	3	33	76	13088	16	97	6
Compact Bucket of Wings (1 serving) with Wing Sauce Choice Medium	1893	1529	170	35	0	314	2406	12	3	5	76	13088	7	97	5
Compact Bucket of Wings (1 serving) with Wing Sauce Choice Mid	1973	1601	178	35	0	314	1726	8	3	5	76	12688	7	97	5
Compact Bucket of Wings (1 serving) with Wing Sauce Choice Original BBQ	1733	1097	122	27	0	314	1286	76	3	65	76	11888	26	97	6
Compact Bucket of Wings (1 serving) with Wing Sauce Choice Parmesan Pepper	2053	1637	182	39	0	434	1966	8	3	5	76	11888	7	577	5
Compact Bucket of Wings (1 serving) with Wing Sauce Choice Ranch	1853	1457	162	33	0	334	1606	16	3	9	76	12688	7	97	5
Compact Bucket of Wings (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	1733	1097	122	27	0	314	1846	80	3	77	76	11888	7	97	5
Compact Bucket of Wings (1 serving) with Wing Sauce Choice Smoky Gold BBQ	1658	1098	122	27	0	314	1655	59	3	54	76	12053	11	127	5
Compact Bucket of Wings (1 serving) with Wing Sauce Choice Supercharged	1493	1115	124	27	0	314	1966	12	7	5	76	18888	11	97	6
Compact Bucket of Wings (1 serving) with Wing Sauce Choice Thai R Cracker	1813	1087	122	27	0	314	2126	98	2	89	76	13488	11	97	5
Compact Bucket of Wings (1 serving) with Wing Sauce Choice Thaisian	1853	1259	140	30	0	314	2026	64	3	57	76	12288	9	97	5
Compact Bucket of Wings (1 serving) with Wing Sauce Choice Triple Atomic	1637	1128	125	28	0	314	2351	45	5	36	77	13656	188	110	5
Full Bucket of Wings (1 serving)	2396	1827	203	44	0	524	604	8	3	5	126	12288	9	130	7
Full Bucket of Wings (1 serving) with Wing Dust Chipotle BBQ	2573	1885	209	47	2	524	4404	37	5	25	127	16133	11	181	9
Full Bucket of Wings (1 serving) with Wing Dust Ghost Pepper Seasoning	2638	1968	219	56	0	524	6173	30	8	12	129	20652	17	182	11
Full Bucket of Wings (1 serving) with Wing Dust Mango Habanero	2717	1848	205	45	0	524	6380	81	6	58	128	17599	29	417	10
Full Bucket of Wings (1 serving) with Wing Sauce Choice Arizona Ranch	3036	2493	267	52	0	664	7084	24	3	13	126	15488	18	130	7
Full Bucket of Wings (1 serving) with Wing Sauce Choice Asian Sesame	3276	2475	275	56	0	524	3644	56	3	45	126	13088	18	130	7
Full Bucket of Wings (1 serving) with Wing Sauce Choice Boom Boom	3516	2835	315	60	0	644	5484	32	3	29	126	13888	28	130	7
Full Bucket of Wings (1 serving) with Wing Sauce Choice Buckeye BBQ	2876	1827	203	44	0	524	2844	128	3	117	126	14688	37	290	10
Full Bucket of Wings (1 serving) with Wing Sauce Choice Cajun	3116	2475	275	56	0	524	3644	24	11	13	126	16244	9	290	10
Full Bucket of Wings (1 serving) with Wing Sauce Choice Garlic Parm	3430	2792	310	63	0	532	3062	19	5	5	132	12816	11	221	8
Full Bucket of Wings (1 serving) with Wing Sauce Choice Golden Garlic	3116	2475	275	56	0	524	3804	16	3	5	126	13088	18	130	7
Full Bucket of Wings (1 serving) with Wing Sauce Choice Haute Parmesan	3096	2446	272	56	0	553	4192	20	8	5	134	12688	66	370	12
Full Bucket of Wings (1 serving) with Wing Sauce Choice Medium	2461	1850	206	42	0	524	3024	136	3	126	126	13088	9	130	7
Full Bucket of Wings (1 serving) with Wing Sauce Choice Kentucky Bourbon Glaze	2956	1827	203	44	0	524	3484	137	3	125	126	13088	9	130	7
Full Bucket of Wings (1 serving) with Wing Sauce Choice Louisiana Lickers	2876	2007	223	44	0	524	4604	72	3	61	126	14688	28	130	7
Full Bucket of Wings (1 serving) with Wing Sauce Choice Medium	3276	2691	299	60	0	524	4604	16	3	5	126	14688	9	130	7
Full Bucket of Wings (1 serving) with Wing Sauce Choice Mid	3430	2792	310	63	0	524	2835	15	5	5	126	13888	9	130	7
Full Bucket of Wings (1 serving) with Wing Sauce Choice Original BBQ	2956	1827	203	44	0	524	2364	144	3	125	126	12288	47	130	10
Full Bucket of Wings (1 serving) with Wing Sauce Choice Parmesan Pepper	3996	2907	323	68	0	764	3724	8	3	5	126	12288	9	1090	7
Full Bucket of Wings (1 serving) with Wing Sauce Choice Ranch	3116	2475	275	56	0	524	2634	24	3	13	126	13088	9	130	7
Full Bucket of Wings (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	2956	1827	203	44	0	524	3484	152	3	149	126	12288	9	130	7
Full Bucket of Wings (1 serving) with Wing Sauce Choice Smoky Gold BBQ	2806	1830	203	45	0	524	3102	109	4	104	126	12618	17	189	8
Full Bucket of Wings (1 serving) with Wing Sauce Choice Supercharged	2476	1863	207	44	0	524	3724	16	11	5	126	26288	18	130	10
Full Bucket of Wings (1 serving) with Wing Sauce Choice Thai R Cracker	3116	1827	203	44	0	524	4044	159	3	173	126	13088	9	130	7
Full Bucket of Wings (1 serving) with Wing Sauce Choice Thaisian	3196	2151	239	50	0	524	3444	120	3	109	126	13088	13	130	7
Full Bucket of Wings (1 serving) with Wing Sauce Choice Triple Atomic	2764	1890	210	46	0	524	4494	83	7	66	128	15825	372	155	8
Single Order (1 serving)	727	549	61	13	0	157	203	4	2	2	38	5944	3	49	2
Single Order (1 serving) with Wing Dust Chipotle BBQ	749	556	62	14	0	157	678	8	2	5	38	6425	4	55	3
Single Order (1 serving) with Wing Dust Ghost Pepper Seasoning	757	566	63	15	0	157	899	7	2	3	38	6989	4	55	3
Single Order (1 serving) with Wing Dust Mango Habanero	767	551	61	13	0	157	925	13	2	9	38	6608	6	85	3
Single Order (1 serving) with Wing Sauce Choice Arizona Ranch	983	777	87	19	0	157	1823	6	2	4	67	1823	6	85	3
Single Order (1 serving) with Wing Sauce Choice Asian Sesame	947	711	79	16	0	157	963	16	2	12	38	6144	6	49	2
Single Order (1 serving) with Wing Sauce Choice Boom Boom Sauce	1007	801	89	17	0	187	1423	10	2	8	38	6344	8	49	2
Single Order (1 serving) with Wing Sauce Choice Buckeye BBQ	847	549	61	13	0	157	763	34	2	30	38	5944	11	89	3
Single Order (1 serving) with Wing Sauce Choice Cajun	907	679	79	17	0	157	834	8	4	1	67	1823	3	89	3
Single Order (1 serving) with Wing Sauce Choice Garlic Parm	985	790	88	18	0	159	817	7	2	2	38	6176	4	71	3
Single Order (1 serving) with Wing Sauce Choice Golden Garlic	907	711	79	16	0	157	1003	6	2	2	38	6144	6	49	2
Single Order (1 serving) with Wing Sauce Choice Haute Parmesan	901	708	78	16	0	157	1054	19	2	4	38	6144	6	49	2
Single Order (1 serving) with Wing Sauce Choice Hot	743	554	62	13	0	157	2009	6	3	3	38	7029	5	57	3
Single Order (1 serving) with Wing Sauce Choice Louisiana Lickers	847	594	66	13	0	157	1203	20	2	16	38	6544	8	49	3
Single Order (1 serving) with Wing Sauce Choice Medium	847	765	85	17	0	157	1203	6	2	2	38	6544	3	49	2
Single Order (1 serving) with Wing Sauce Choice Original BBQ	987	801	89	17	0	157	863	8	2	2	38	6344	3	49	2
Single Order (1 serving) with Wing Sauce Choice Parmesan Pepper	967	549	61	13	0	157	643	38	2	32	38	5944	13	49	3
Single Order (1 serving) with Wing Sauce Choice Ranch	1027	819	91	19	0	167	983	4	2	2	38	5944	3	289	2
Single Order (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	927	729	81	16	0	167	803	8	2	2	38	6344	3	49	2
Single Order (1 serving) with Wing Sauce Choice Smoky Gold BBQ	967	549	61	13	0	157	863	4	2	38	5944	3	49	2	
Single Order (1 serving) with Wing Sauce Choice Supercharged	829	549	61	13	0	157	827	29	2	27	38	6026	5	63	3
Single Order (1 serving) with Wing Sauce Choice Triple Atomic	847	558	62	13	0	157	983	6	4	2	38	6444	6	49	3
Single Order (1 serving) with Wing Sauce Choice Thai R Cracker	907	549	61	13	0	157	1063	48	2	44	38	6144	3	49	2
Single Order (1 serving) with Wing Sauce Choice Thaisian	927	701	77	15	0	157	1175	23	2	28	38	6144	5	55	3
Single Order (1 serving) with Wing Sauce Choice Triple Atomic	818	584	63	14	0	157	1175	23	3	18	38	6288	94	55	2
Sprinter (1 serving)	491	366	41	9	0	105	153	4	2	2	25	5844	3	40	2
Sprinter (1 serving) with Blue Cheese Dressing	771	631	70	13	0	124	124	4	4	23	5821	3	40	2	
Sprinter (1 serving) with Ranch Dressing	691	564	63	12	0	125	693	6	2	4	25	5844	3	40	2
Sprinter (1 serving) with Wing Dust Chipotle BBQ	502	370	41	9	0	105	391	6	4	4	25	6084	3	44	2
Sprinter (1 serving) with Wing Dust Ghost Pepper Seasoning	506	375	42	10	0	105	501	5	2	3	26	6387	3	44	2
Sprinter (1 serving) with Wing Dust Mango Habanero	511	383	41	9	0	105	514	8	2	6	26	6176	4	58	2
Sprinter (1 serving) with Wing Sauce Choice Arizona Ranch	611	474	53	10	0	112	1368	7	2	4	25	6444	5	40	2
Sprinter (1 serving) with Wing Sauce Choice Asian Sesame	656	487	54	11	0	105	723	13	2	10	25	5994	5	40	2
Sprinter (1 serving) with Wing Sauce Choice Boom Boom Sauce	701	555	62	12	0	127	1068	9	2	7	25	6144	6	40	2
Sprinter (1 serving) with Wing Sauce Choice Buckeye BBQ	581	456	41	9	0	105	573	27	2	23	25	6294	8	70	2
Sprinter (1 serving) with Wing Sauce Choice Cajun	626	487	54	11	0	112	648	7	3	4	25	65			

House Pulled Pork Sandwich (1 serving) with Wing Sauce Choice Arizona Ranch	857	533	59	18	0	133	3977	50	1	19	28	1558	6	278	4
House Pulled Pork Sandwich (1 serving) with Wing Sauce Choice Asian Sesame	917	551	61	19	0	123	3117	58	1	27	28	958	6	278	4
House Pulled Pork Sandwich (1 serving) with Wing Sauce Choice Boom Boom Sauce	1037	695	77	22	0	153	3897	61	1	21	21	988	9	278	4
House Pulled Pork Sandwich (1 serving) with Wing Sauce Choice Buckeye BBQ	817	389	43	16	0	123	2917	76	1	45	28	1358	11	318	5
House Pulled Pork Sandwich (1 serving) with Wing Sauce Choice Cajun	877	551	61	19	0	123	3017	50	3	19	28	1758	4	318	5
House Pulled Pork Sandwich (1 serving) with Wing Sauce Choice Golden Garlic	877	551	61	19	0	123	3157	46	1	17	28	958	6	278	4
House Pulled Pork Sandwich (1 serving) with Wing Sauce Choice Haute Farm	872	544	60	19	0	130	3254	49	2	17	30	858	18	338	5
House Pulled Pork Sandwich (1 serving) with Wing Sauce Choice Hot	713	395	44	16	0	123	4163	48	2	18	29	1843	5	287	4
House Pulled Pork Sandwich (1 serving) with Wing Sauce Choice Kentucky Bourbon Glaze	937	389	43	16	0	123	3077	78	1	47	28	958	4	278	7
House Pulled Pork Sandwich (1 serving) with Wing Sauce Choice Louisiana Lickers	987	659	73	22	0	163	3357	46	3	21	28	1358	5	278	5
House Pulled Pork Sandwich (1 serving) with Wing Sauce Choice Medium	817	605	67	20	0	123	3357	48	1	17	28	958	4	278	4
House Pulled Pork Sandwich (1 serving) with Wing Sauce Choice Mild	957	641	71	20	0	123	3017	46	1	17	28	1158	4	278	4
House Pulled Pork Sandwich (1 serving) with Wing Sauce Choice Original BBQ	837	389	43	16	0	123	2797	80	1	47	28	758	13	278	5
House Pulled Pork Sandwich (1 serving) with Wing Sauce Choice Parmesan Pepper	987	659	73	22	0	163	3137	46	1	17	28	758	4	518	4
House Pulled Pork Sandwich (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	837	389	43	16	0	123	3077	82	1	53	28	758	4	278	4
House Pulled Pork Sandwich (1 serving) with Wing Sauce Choice Supercharged	717	398	44	16	0	123	3137	48	3	17	28	4258	6	278	5
House Pulled Pork Sandwich (1 serving) with Wing Sauce Choice Thai R Cracker	877	389	43	16	0	123	3217	90	1	59	28	958	4	278	4
House Pulled Pork Sandwich (1 serving) with Wing Sauce Choice Thaiisan	897	700	52	18	0	123	3167	74	1	43	28	958	5	278	4
House Pulled Pork Sandwich (1 serving) with Wing Sauce Choice Triple Atomic	789	404	45	17	0	123	3330	64	2	33	29	1643	95	284	4
Jacked-Up BLT (1 serving)	1324	876	97	34	1	164	2883	64	3	8	49	1527	4	273	1
Pub-Style Cod Sandwich (1 serving)	834	366	41	8	0	107	1826	85	4	14	33	461	12	118	3

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
Supped Up Steak Sandwiches															
Quaker S&B Sandwich (1 serving)	837	301	33	13	2	107	2226	87	3	31	47	1559	56	230	4
The BBQ O-String (1 serving)	1025	392	44	20	2	142	1889	102	3	39	56	1855	67	482	5
The Classic (1 serving)	867	381	42	19	2	147	2422	68	3	12	54	1770	56	464	4

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
Half Pound Steakburgers															
Feel Like Bacon Love Burger (1 serving)	948	518	58	22	0	217	2037	46	1	18	60	679	7	251	6
Arizona El Camino Burger (1 serving)	1345	724	80	28	1	227	2528	85	6	13	70	1754	10	579	8
Kentucky Bourbon Burger (1 serving)	542	220	24	9	1	98	1008	50	2	20	28	362	4	86	5
Kentucky Bourbon Burger (1 serving) with Cheese Choice Bleu Cheese Crumbles	742	364	40	19	1	138	1768	52	4	20	40	962	4	386	5
Kentucky Bourbon Burger (1 serving) with Cheese Choice Pepper Jack Cheese	652	301	33	14	1	128	1178	51	2	20	35	662	4	286	5
Kentucky Bourbon Burger (1 serving) with Cheese Choice Swiss Cheese	762	382	42	19	1	158	1268	50	2	20	44	762	4	686	5
Lubeburger (1 serving)	998	534	59	20	1	180	2810	54	3	8	61	1275	3	367	7
Market Cut Bacon Cheddar Burger (1 serving)	1319	847	94	35	1	273	1884	38	2	8	69	1713	2	518	6
Pick Ur Cheese Burger (1 serving)	761	342	38	12	0	141	1004	52	3	7	50	236	2	210	7
Pick Ur Cheese Burger (1 serving) with Bacon	836	402	45	14	0	155	1316	52	3	7	55	236	2	210	7
Pick Ur Cheese Burger (1 serving) with Cheese Choice American	862	424	47	17	0	166	1520	52	3	7	55	540	2	362	7
Pick Ur Cheese Burger (1 serving) with Cheese Choice Pepper Jack	871	423	47	17	0	171	1174	53	3	7	57	536	2	410	7
Pick Ur Cheese Burger (1 serving) with Cheese Choice Provolone	961	486	54	22	0	191	1234	52	3	7	64	836	2	610	7
Pick Ur Cheese Burger (1 serving) with Cheese Choice Shredded Cheddar Jack	876	428	48	18	0	171	1174	53	3	8	57	536	2	410	7
Pick Ur Cheese Burger (1 serving) with Cheese Choice Swiss	981	504	56	22	0	201	1264	52	3	7	66	636	2	810	7

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
Specialty Salads and Soups															
Biker Chicken Salad (1 serving)	735	320	36	8	0	117	1139	64	7	49	38	8580	105	169	3
Black Bean Soup (1 bowl)	181	20	2	0	0	0	1201	29	11	0	9	0	8	91	8
QS&L Boneless Wing Salad (1 serving)	523	136	15	4	0	84	1081	54	7	7	41	10378	10	255	5
QS&L Boneless Wing Salad (1 serving) with Dressing Choice Balsamic Vinaigrette	643	226	25	5	0	84	1461	62	7	15	41	10378	10	255	5
QS&L Boneless Wing Salad (1 serving) with Dressing Choice Bleu Cheese	803	402	45	8	0	104	1573	56	7	8	43	10455	10	255	5
QS&L Boneless Wing Salad (1 serving) with Dressing Choice Chipotle Ranch	726	335	37	7	0	104	1680	57	7	9	41	10438	10	255	5
QS&L Boneless Wing Salad (1 serving) with Dressing Choice Farmhouse Ranch	723	334	37	7	0	104	1621	56	7	9	41	10378	10	255	5
QS&L Boneless Wing Salad (1 serving) with Dressing Choice Fat Free Italian	543	136	15	4	0	84	2061	60	7	11	41	10378	10	255	5
QS&L Boneless Wing Salad (1 serving) with Dressing Choice Lube Jalapeno Ranch	804	466	45	7	0	114	1406	56	7	9	41	10378	10	255	5
QS&L Boneless Wing Salad (1 serving) with Dressing Choice Northern Italian	783	388	43	8	0	84	1761	56	7	7	41	10578	17	255	5
QS&L Boneless Wing Salad (1 serving) with Dressing Choice Olive Oil and Balsamic Vinegar	799	388	43	8	0	84	1081	60	7	13	41	10378	10	255	5
QS&L Boneless Wing Salad (1 serving) with Dressing Choice Sweet Vidalia Onion	763	298	33	7	0	84	1301	72	7	25	41	10378	10	255	5
QS&L Boneless Wing Salad (1 serving) with Dressing Choice Wildberry Poppysseed	724	271	30	7	0	107	1472	72	7	21	41	10378	21	255	5
QS&L Top Gear Tender Boneless Wing Salad (1 serving)	652	96	11	3	0	89	1881	91	8	7	47	10312	10	233	5
QS&L Top Gear Tender Boneless Wing Salad (1 serving) with Dressing Choice Balsamic Vinaigrette	772	186	21	4	0	89	2261	99	8	15	47	10312	10	233	5
QS&L Top Gear Tender Boneless Wing Salad (1 serving) with Dressing Choice Bleu Cheese	823	268	30	6	0	108	2028	93	8	8	49	10388	11	233	5
QS&L Top Gear Tender Boneless Wing Salad (1 serving) with Dressing Choice Chipotle Ranch	855	295	33	6	0	109	2481	93	8	9	47	10372	10	274	5
QS&L Top Gear Tender Boneless Wing Salad (1 serving) with Dressing Choice Farmhouse Ranch	852	294	33	6	0	109	2421	93	8	9	47	10312	10	273	5
QS&L Top Gear Tender Boneless Wing Salad (1 serving) with Dressing Choice Fat Free Italian	672	96	11	3	0	89	2861	97	8	11	47	10312	10	233	5
QS&L Top Gear Tender Boneless Wing Salad (1 serving) with Dressing Choice Lube Jalapeno Ranch	832	362	41	8	0	119	2381	93	8	9	47	10312	10	233	5
QS&L Top Gear Tender Boneless Wing Salad (1 serving) with Dressing Choice Northern Italian	912	348	39	7	0	89	2561	93	8	7	47	10512	18	273	5
QS&L Top Gear Tender Boneless Wing Salad (1 serving) with Dressing Choice Olive Oil and Balsamic Vinegar	928	348	39	7	0	89	1881	97	8	13	47	10312	10	233	5
QS&L Top Gear Tender Boneless Wing Salad (1 serving) with Dressing Choice Sweet Vidalia Onion	892	258	29	6	0	89	2101	109	8	25	47	10312	10	273	5
QS&L Top Gear Tender Boneless Wing Salad (1 serving) with Dressing Choice Wildberry Poppysseed	853	231	26	5	0	111	2272	108	8	21	47	10312	22	233	5
Side Caesar Salad (1 serving)	249	157	17	4	0	25	892	14	3	4	7	8237	34	176	2
Side Garage Salad (1 serving)	105	47	5	3	0	15	105	9	3	5	5	8705	64	147	1
Side Garage Salad (1 serving) with Dressing Choice Balsamic Vinaigrette	225	137	15	4	0	15	485	17	3	13	5	8705	64	147	1
Side Garage Salad (1 serving) with Dressing Choice Bleu Cheese	385	312	35	7	0	35	597	11	4	6	8	8782	64	147	1
Side Garage Salad (1 serving) with Dressing Choice Chipotle Ranch	307	246	27	6	0	35	647	12	3	7	5	8785	64	188	1
Side Garage Salad (1 serving) with Dressing Choice Farmhouse Ranch	305	245	27	6	0	35	647	12	3	7	5	8705	64	187	1
Side Garage Salad (1 serving) with Dressing Choice Fat Free Italian	125	47	5	3	0	15	1085	15	3	9	5	8705	64	147	1
Side Garage Salad (1 serving) with Dressing Choice Lube Jalapeno Ranch	385	317	35	8	0	45	605	11	3	7	5	8705	64	147	1
Side Garage Salad (1 serving) with Dressing Choice Northern Italian	365	299	33	7	0	15	785	11	3	5	5	8905	75	187	1
Side Garage Salad (1 serving) with Dressing Choice Olive Oil and Balsamic Vinegar	381	299	33	7	0	15	105	15	3	11	5	8705	64	147	1
Side Garage Salad (1 serving) with Dressing Choice Sweet Vidalia Onion	345	209	23	6	0	15	325	27	3	23	5	8705	64	187	1
Side Garage Salad (1 serving) with Dressing Choice Wildberry Poppysseed	305	182	20	5	0	38	496	26	4	19	5	8705	75	147	1
Top Gear Tender Chicken Salad (1 serving)	966	508	56	17	0	113	2035	65	6	32	46	11547	59	376	5

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)
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The Lube's Baby Back Ribs, Full Rack (1 serving) with Wing Sauce Choice Supercharged	1356	940	104	37	3	319	1581	27	4	19	65	5774	4	167	6
The Lube's Baby Back Ribs, Full Rack (1 serving) with Wing Sauce Choice Thai R Cracker	1596	827	103	37	3	319	1701	90	1	82	65	824	1	167	5
The Lube's Baby Back Ribs, Full Rack (1 serving) with Wing Sauce Choice Thaiisan	1628	1048	116	41	3	319	1626	46	1	58	62	824	2	167	5
The Lube's Baby Back Ribs, Full Rack (1 serving) with Wing Sauce Choice Triple Atomic	1464	950	106	38	3	319	1870	51	3	42	65	1851	137	176	5
The Lube's Baby Back Ribs, Half Rack (1 serving)	663	463	51	19	1	160	205	12	1	10	32	262	0	83	2
The Lube's Baby Back Ribs, Half Rack (1 serving) with Wing Sauce Choice Arizona Ranch	823	607	67	21	1	170	1825	16	1	12	32	1062	3	83	2
The Lube's Baby Back Ribs, Half Rack (1 serving) with Wing Sauce Choice Asian Sesame	883	625	69	22	1	160	965	24	1	20	32	462	3	83	2
The Lube's Baby Back Ribs, Half Rack (1 serving) with Wing Sauce Choice Boom Boom Sauce	1003	769	85	24	1	190	745	18	1	14	32	462	5	83	2
The Lube's Baby Back Ribs, Half Rack (1 serving) with Wing Sauce Choice Buckeye BBQ	781	463	51	19	1	160	205	12	1	10	32	262	0	83	2
The Lube's Baby Back Ribs, Half Rack (1 serving) with Wing Sauce Choice Cajun	843	625	69	22	1	170	865	16	3	12	32	1262	0	123	3
The Lube's Baby Back Ribs, Half Rack (1 serving) with Wing Sauce Choice Golden Garlic	843	625	69	22	1	160	1005	14	1	10	32	462	3	83	2
The Lube's Baby Back Ribs, Half Rack (1 serving) with Wing Sauce Choice Haute Parm	838	618	69	22	1	167	1102	15	2	10	34	362	15	143	3
The Lube's Baby Back Ribs, Half Rack (1 serving) with Wing Sauce Choice Hot	679	469	52	19	1	160	2012	14	2	10	33	1347	2	92	3
The Lube's Baby Back Ribs, Half Rack (1 serving) with Wing Sauce Choice Kentucky Bourbon Glaze	803	463	51	19	1	160	925	44	1	40	32	462	0	83	5
The Lube's Baby Back Ribs, Half Rack (1 serving) with Wing Sauce Choice Louisiana Lickers	783	508	56	19	1	160	1205	28	1	24	32	862	5	83	3
The Lube's Baby Back Ribs, Half Rack (1 serving) with Wing Sauce Choice Medium	883	679	75	23	1	160	1205	14	1	10	32	862	0	83	2
The Lube's Baby Back Ribs, Half Rack (1 serving) with Wing Sauce Choice Original BBO	803	463	51	19	1	160	925	44	1	40	32	462	0	83	2
The Lube's Baby Back Ribs, Half Rack (1 serving) with Wing Sauce Choice Original BBQ	803	463	51	19	1	160	645	46	1	40	32	862	10	83	3
The Lube's Baby Back Ribs, Half Rack (1 serving) with Wing Sauce Choice Parmesan Pepper	963	733	81	25	1	220	985	12	1	10	32	262	0	323	2
The Lube's Baby Back Ribs, Half Rack (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	803	463	51	19	1	160	925	48	1	46	32	262	0	83	2
The Lube's Baby Back Ribs, Half Rack (1 serving) with Wing Sauce Choice Supercharged	883	472	52	19	1	160	885	14	3	10	32	3762	0	83	2
The Lube's Baby Back Ribs, Half Rack (1 serving) with Wing Sauce Choice Thai R Cracker	843	463	51	19	1	160	1065	56	1	52	32	462	0	83	2
The Lube's Baby Back Ribs, Half Rack (1 serving) with Wing Sauce Choice Thaiisan	863	544	60	20	1	160	1015	40	1	36	32	462	2	83	2
The Lube's Baby Back Ribs, Half Rack (1 serving) with Wing Sauce Choice Triple Atomic	755	479	53	19	1	160	1178	30	2	25	33	1146	91	89	3

Top Gear Tenders (1 serving)	1104	362	40	7	0	125	3178	120	9	7	61	876	35	80	5
Top Gear Tenders (1 serving) with Dipping Sauce Choice Bleu Cheese Dressing	1385	628	70	11	0	145	3670	121	9	9	64	952	35	80	5
Top Gear Tenders (1 serving) with Dipping Sauce Choice Ranch Dressing	1304	560	60	10	0	145	3718	122	62	9	8	876	35	120	5
Top Gear Tenders (1 serving) with Wing Sauce Choice Arizona Ranch	1066	566	56	9	0	135	4798	124	9	9	61	1676	37	80	5
Top Gear Tenders (1 serving) with Wing Sauce Choice Asian Sesame	1324	524	58	10	0	125	3938	132	9	17	61	1076	37	80	5
Top Gear Tenders (1 serving) with Wing Sauce Choice Boom Boom Sauce	1444	668	74	12	0	155	3718	126	9	11	61	1076	40	80	5
Top Gear Tenders (1 serving) with Wing Sauce Choice Buckeye BBQ	1221	362	40	7	0	125	3358	120	9	35	61	1476	37	80	5
Top Gear Tenders (1 serving) with Wing Sauce Choice Cajun	1284	524	58	10	0	135	3838	124	11	9	61	1876	35	120	6
Top Gear Tenders (1 serving) with Wing Sauce Choice Golden Garlic	1284	524	58	10	0	125	3978	122	9	7	61	1076	37	80	5
Top Gear Tenders (1 serving) with Wing Sauce Choice Haute Parm	1279	517	57	10	0	133	4075	123	10	7	63	976	49	140	6
Top Gear Tenders (1 serving) with Wing Sauce Choice Hot	1121	368	41	7	0	125	4084	122	6	8	61	1960	36	89	6
Top Gear Tenders (1 serving) with Wing Sauce Choice Kentucky Bourbon Glaze	1244	362	40	7	0	125	3898	152	9	37	61	1076	35	80	8
Top Gear Tenders (1 serving) with Wing Sauce Choice Louisiana Lickers	1224	407	45	7	0	125	4178	136	9	21	61	1476	40	80	6
Top Gear Tenders (1 serving) with Wing Sauce Choice Medium	1324	578	64	11	0	125	4178	122	9	7	61	1476	35	80	5
Top Gear Tenders (1 serving) with Wing Sauce Choice Mild	1364	614	68	11	0	125	3358	120	9	7	61	1276	35	80	5
Top Gear Tenders (1 serving) with Wing Sauce Choice Original BBQ	1244	362	40	7	0	125	3618	154	9	37	61	876	44	80	6
Top Gear Tenders (1 serving) with Wing Sauce Choice Parmesan Pepper	1404	632	70	13	0	185	3958	120	9	7	61	876	35	320	5
Top Gear Tenders (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	1244	362	40	7	0	125	3898	156	9	43	61	876	35	80	5
Top Gear Tenders (1 serving) with Wing Sauce Choice Supercharged	1121	368	41	7	0	125	4271	122	11	7	61	4376	37	80	11
Top Gear Tenders (1 serving) with Wing Sauce Choice Thai R Cracker	1284	362	40	7	0	125	4038	164	9	49	61	1076	35	80	5
Top Gear Tenders (1 serving) with Wing Sauce Choice Thaiisan	1304	443	49	9	0	125	3988	148	9	33	61	1076	36	80	5
Top Gear Tenders (1 serving) with Wing Sauce Choice Triple Atomic	1196	378	42	7	0	125	4151	138	10	23	62	1076	126	87	5

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
Black Beans and Rice (1 serving)	242	19	2	0	0	5	819	46	3	1	7	172	8	44	4
Bourbon Baked Beans (1 serving)	159	0	0	0	0	0	488	35	3	19	5	340	3	23	2
Celery, Carrots and Ranch Dip (1 serving)	236	200	22	3	0	20	643	10	3	7	1	10419	4	86	1
Fresh Steamed Broccoli (1 serving)	51	4	0	0	0	0	38	7	3	2	4	4252	132	68	1
Fresh Steamed Broccoli (1 serving) with Beer Cheese	251	94	10	6	0	24	473	11	3	5	9	4578	133	234	1
Garlic Bread (1 slice)	160	81	9	2	0	0	280	17	1	0	3	0	0	0	0
Coleslaw (1 serving)	88	60	7	1	0	0	274	7	1	6	1	817	16	25	0
French Fries (1 serving)	345	154	17	3	0	0	730	42	4	0	4	4	12	1	1
Potato Chips (1 serving)	202	104	12	3	0	0	332	21	2	0	2	3	0	41	0
Potato Chips (1 serving) with Beer Cheese	402	194	22	8	0	24	767	25	2	3	7	329	1	207	0
Sauteed Green Beans and Red Peppers (1 serving)	111	65	7	1	0	0	177	9	4	2	2	1345	49	45	1

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
Steaks	1267	705	78	28	1	500	805	24	1	1	109	88	0	78	8
Choice Ribeye (1 serving)	996	586	65	24	0	197	759	24	1	1	74	46	0	91	6
Steak Toppers (1 portion)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Steak Toppers (1 portion) with Bacon Jam	229	118	13	4	0	28	964	20	1	18	10	291	12	2	0
Steak Toppers (1 portion) with Blue Cheese Crumbles	50	36	4	3	0	0	190	1	1	0	3	150	0	75	0
Steak Toppers (1 portion) with Herb Infused Butter	169	193	21	14	0	58	0	80	0	1	0	802	0	13	0
Steak Toppers (1 portion) with Sautéed Mushrooms	10	6	1	0	0	0	31	0	0	0	1	26	0	1	0
Steak Toppers (1 portion) with Sautéed Onions	21	8	1	0	0	0	61	3	0	1	0	43	2	7	0
Steak Toppers (1 portion) with Thai R Cracker Sauce	180	0	0	0	0	0	860	44	0	42	0	200	0	0	0
Thunderbird Steak (1 serving)	665	373	41	15	2	120	700	21	1	2	49	258	0	68	4

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
Custom Built Combos															
Baby Back Rib and Top Gear Tenders Combo (1 serving)	1127	545	61	20	1	264	1815	58	2	11	78	306	3	128	5
Baby Back Rib and Top Gear Tenders Combo (1 serving) with Wing Sauce Choice Arizona Ranch	1447	833	93	24	1	284	2055	66	3	15	78	1936	7	128	5
Baby Back Rib and Top Gear Tenders Combo (1 serving) with Wing Sauce Choice Asian Sesame	1567	869	97	26	1	264	3335	82	2	31	78	706	7	128	5
Baby Back Rib and Top Gear Tenders Combo (1 serving) with Wing Sauce Choice Boom Boom	1807	1157	129	30	1	324	2895	70	2	19	78	706	12	128	5
Baby Back Rib and Top Gear Tenders Combo (1 serving) with Wing Sauce Choice Buckeye BBQ	1387	545	61	20	1	264	2935	118	2	67	78	1506	17	208	6
Baby Back Rib and Top Gear Tenders Combo (1 serving) with Wing Sauce Choice Cajun	1487	869	97	28	1	284	3135	66	6	15	78	2306	3	208	6
Baby Back Rib and Top Gear Tenders Combo (1 serving) with Wing Sauce Choice Golden Garlic	1487	869	97	26	1	264	3415	62	2	11	78	706	7	128	5
Baby Back Rib and Top Gear Tenders Combo (1 serving) with Wing Sauce Choice Haute Parmesan	1476	854	95	26	1	279	3609	64	5	11	82	506	31	248	7
Baby Back Rib and Top Gear Tenders Combo (1 serving) with Wing Sauce Choice Hot	1159	556	62	21	1	264	5428	63	4	12	79	2476	6	146	5
Baby Back Rib and Top Gear Tenders Combo (1 serving) with Wing Sauce Choice Kentucky Bourbon Glaze	1407	545	61	20	1	264	3255	122	2	71	78	706	3	128	10
Baby Back Rib and Top Gear Tenders Combo (1 serving) with Wing Sauce Choice Louisiana Lickers	1367	635	71	20	1	264	3815	90	2	39	78	1506	12	128	6
Baby Back Rib and Top Gear Tenders Combo (1 serving) with Wing Sauce Choice Medium	1567	977	109	28	1	264	3815	62	2	11	78	1506	3	128	5
Baby Back Rib and Top Gear Tenders Combo (1 serving) with Wing Sauce Choice Mild	1647	1049	117	28	1	264	3135	58	2	11	78	1106	3	128	5
Baby Back Rib and Top Gear Tenders Combo (1 serving) with Wing Sauce Choice Original BBQ	1407	545	61	20	1	264	3606	122	2	71	78	3606	22	128	6
Baby Back Rib and Top Gear Tenders Combo (1 serving) with Wing Sauce Choice Parmesan Pepper	1727	1085	121	32	1	384	3375	58	2	11	78	306	3	608	5
Baby Back Rib and Top Gear Tenders Combo (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	1407	545	61	20	1	264	3255	130	2	83	78	306	3	128	5
Baby Back Rib and Top Gear Tenders Combo (1 serving) with Wing Sauce Choice Supercharged	1167	563	63	20	1	264	3375	62	6	11	78	706	7	128	5
Baby Back Rib and Top Gear Tenders Combo (1 serving) with Wing Sauce Choice Thai R Cracker	1487	869	97	28	1	284	3535	66	2	15	78	3606	3	128	5
Baby Back Rib and Top Gear Tenders Combo (1 serving) with Wing Sauce Choice Thaiisan	1527	707	79	23	1	264	3435	114	2	63	78	706	5	128	5
Baby Back Rib and Top Gear Tenders Combo (1 serving) with Wing Sauce Choice Triple Atomic	1310	576	64	21	1	264	3760	96	4	41	79	2075	1		

Bone-In Wings, 5 (1 serving) with Wing Sauce Choice ThaiSian	744	495	55	13	0	157	757	21	0	20	37	450	2	24	2
Bone-In Wings, 5 (1 serving) with Wing Sauce Choice Triple Atomic	663	446	50	12	0	157	878	14	1	12	38	963	69	29	2
Breaded Boneless Wings, 5 (1 serving)	331	109	12	2	0	67	1001	27	0	0	28	0	0	0	2
Breaded Boneless Wings, 5 (1 serving) with Wing Dust Chipotle BBQ	342	112	12	2	0	67	1238	28	0	1	28	240	0	3	2
Breaded Boneless Wings, 5 (1 serving) with Wing Dust Ghost Pepper Seasoning	346	118	13	3	0	67	1348	28	0	0	28	333	1	3	2
Breaded Boneless Wings, 5 (1 serving) with Wing Dust Mango Habanero	351	110	12	2	0	67	1362	31	0	3	28	332	1	18	2
Breaded Boneless Wings, 5 (1 serving) with Wing Sauce Choice Arizona Ranch	491	253	28	4	0	77	2621	31	0	2	28	800	2	0	2
Breaded Boneless Wings, 5 (1 serving) with Wing Sauce Choice Asian Sesame	451	271	30	5	0	67	1761	39	0	10	28	200	2	0	2
Breaded Boneless Wings, 5 (1 serving) with Wing Sauce Choice Boom Boom Sauce	671	415	46	7	0	67	1541	33	0	4	28	200	5	0	2
Breaded Boneless Wings, 5 (1 serving) with Wing Sauce Choice Buckeye BBQ	451	109	12	2	0	67	1561	57	0	28	28	600	7	40	3
Breaded Boneless Wings, 5 (1 serving) with Wing Sauce Choice Cajun	511	271	30	5	0	77	1661	31	2	2	28	1000	0	40	3
Breaded Boneless Wings, 5 (1 serving) with Wing Sauce Choice Golden Garlic	511	271	30	5	0	67	1801	29	0	0	28	200	2	0	2
Breaded Boneless Wings, 5 (1 serving) with Wing Sauce Choice Haute Parm	505	264	29	5	0	74	1897	30	1	0	30	100	14	60	3
Breaded Boneless Wings, 5 (1 serving) with Wing Sauce Choice Hot	347	115	13	2	0	67	2807	29	1	1	29	1085	1	9	2
Breaded Boneless Wings, 5 (1 serving) with Wing Sauce Choice Kentucky Bourbon Glaze	471	109	12	2	0	67	1721	59	0	30	28	200	0	0	5
Breaded Boneless Wings, 5 (1 serving) with Wing Sauce Choice Louisiana Lickers	451	154	17	2	0	67	2001	43	0	14	28	600	5	0	3
Breaded Boneless Wings, 5 (1 serving) with Wing Sauce Choice Medium	551	325	38	6	0	67	2001	29	0	0	28	600	0	0	2
Breaded Boneless Wings, 5 (1 serving) with Wing Sauce Choice Mild	591	361	40	6	0	67	1661	27	0	0	28	400	0	0	2
Breaded Boneless Wings, 5 (1 serving) with Wing Sauce Choice Original BBQ	471	109	12	2	0	67	1441	61	0	30	28	0	10	0	3
Breaded Boneless Wings, 5 (1 serving) with Wing Sauce Choice Parmesan Pepper	631	379	42	8	0	127	1781	27	0	0	28	0	0	240	2
Breaded Boneless Wings, 5 (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	471	109	12	2	0	67	1721	53	0	36	28	0	0	0	2
Breaded Boneless Wings, 5 (1 serving) with Wing Sauce Choice Supercharged	351	118	13	2	0	67	1781	29	2	0	28	3500	2	0	3
Breaded Boneless Wings, 5 (1 serving) with Wing Sauce Choice Thai R Cracker	511	109	12	2	0	67	1861	71	0	42	28	200	0	0	2
Breaded Boneless Wings, 5 (1 serving) with Wing Sauce Choice ThaiSian	531	190	21	3	0	67	1811	55	0	26	28	200	1	0	2
Breaded Boneless Wings, 5 (1 serving) with Wing Sauce Choice Triple Atomic	422	124	14	2	0	67	1973	45	1	15	29	884	91	6	2

Fried Mozzarella, 4 (1 serving)	497	203	23	9	0	2	1429	56	0	2	17	302	9	349	0
Grilled Boneless Wings, 5 (1 serving)	561	155	17	3	0	124	1074	44	2	1	55	45	3	135	4
Grilled Boneless Wings, 5 (1 serving) with Wing Dust Chipotle BBQ	583	162	18	3	0	124	1549	47	2	4	55	525	3	141	4
Grilled Boneless Wings, 5 (1 serving) with Wing Dust Ghost Pepper Seasoning	591	172	19	4	0	124	1770	46	3	2	56	1090	4	141	5
Grilled Boneless Wings, 5 (1 serving) with Wing Dust Mango Habanero	601	157	17	3	0	124	1796	53	2	8	55	708	5	171	5
Grilled Boneless Wings, 5 (1 serving) with Wing Sauce Choice Arizona Ranch	681	263	29	4	0	131	2289	47	2	3	55	645	4	135	4
Grilled Boneless Wings, 5 (1 serving) with Wing Sauce Choice Asian Sesame	726	276	31	5	0	124	1644	53	2	9	55	195	4	135	4
Grilled Boneless Wings, 5 (1 serving) with Wing Sauce Choice Boom Boom Sauce	816	384	43	7	0	146	1479	48	2	4	55	195	6	135	4
Grilled Boneless Wings, 5 (1 serving) with Wing Sauce Choice Buckeye BBQ	651	155	17	3	0	124	1494	66	2	22	55	495	8	165	5
Grilled Boneless Wings, 5 (1 serving) with Wing Sauce Choice Cajun	696	276	31	5	0	131	1569	47	4	3	55	795	3	165	5
Grilled Boneless Wings, 5 (1 serving) with Wing Sauce Choice Golden Garlic	696	276	31	5	0	124	1674	45	2	1	55	195	4	135	4
Grilled Boneless Wings, 5 (1 serving) with Wing Sauce Choice Haute Parmesan	692	271	30	5	0	129	1746	46	3	1	57	120	13	180	5
Grilled Boneless Wings, 5 (1 serving) with Wing Sauce Choice Hot	573	159	18	3	0	124	2428	45	3	2	55	858	4	141	4
Grilled Boneless Wings, 5 (1 serving) with Wing Sauce Choice Kentucky Bourbon Glaze	666	155	17	3	0	124	1614	68	2	24	55	195	3	135	6
Grilled Boneless Wings, 5 (1 serving) with Wing Sauce Choice Louisiana Lickers	651	188	21	3	0	124	1824	56	2	12	55	495	6	135	5
Grilled Boneless Wings, 5 (1 serving) with Wing Sauce Choice Medium	726	317	35	6	0	124	1824	45	2	1	55	495	3	135	4
Grilled Boneless Wings, 5 (1 serving) with Wing Sauce Choice Mild	756	344	38	6	0	124	1569	44	2	1	55	345	3	135	4
Grilled Boneless Wings, 5 (1 serving) with Wing Sauce Choice Original BBQ	666	155	17	3	0	124	1404	69	2	24	55	45	10	135	5
Grilled Boneless Wings, 5 (1 serving) with Wing Sauce Choice Parmesan Pepper	786	357	40	7	0	169	1659	44	2	1	55	45	3	135	4
Grilled Boneless Wings, 5 (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	666	155	17	3	0	124	1614	71	2	28	55	45	3	135	4
Grilled Boneless Wings, 5 (1 serving) with Wing Sauce Choice Supercharged	573	159	18	3	0	124	1659	45	4	1	55	2670	4	135	5
Grilled Boneless Wings, 5 (1 serving) with Wing Sauce Choice Thai R Cracker	696	155	17	3	0	124	1719	77	2	33	55	195	3	135	4
Grilled Boneless Wings, 5 (1 serving) with Wing Sauce Choice ThaiSian	711	215	24	4	0	124	1681	65	2	21	55	195	3	135	4
Grilled Boneless Wings, 5 (1 serving) with Wing Sauce Choice Triple Atomic	630	166	18	3	0	124	1803	57	3	13	56	708	71	139	4

Loaded Magna Fries (1 serving)	1119	744	83	29	0	128	2328	63	6	6	32	1122	19	702	2
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O-Rings, 5 (1 serving)	312	91	10	1	0	0	1637	49	0	20	4	603	5	26	1
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Pick-Up Pickles, 3 (1 serving)	399	257	29	4	0	20	1777	31	3	6	4	266	3	67	1
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Top Gear Tenders, 5 (1 serving)	464	81	9	2	0	105	1610	47	2	1	46	44	2	45	2
Top Gear Tenders, 5 (1 serving) with Wing Sauce Choice Arizona Ranch	624	225	25	4	0	115	2320	51	2	3	46	844	5	45	2
Top Gear Tenders, 5 (1 serving) with Wing Sauce Choice Asian Sesame	684	243	27	5	0	105	2370	59	2	11	46	244	5	45	2
Top Gear Tenders, 5 (1 serving) with Wing Sauce Choice Boom Boom Sauce	804	387	43	7	0	135	2150	53	2	5	46	244	7	45	2
Top Gear Tenders, 5 (1 serving) with Wing Sauce Choice Buckeye BBQ	584	81	9	2	0	105	2170	53	2	29	46	44	9	85	3
Top Gear Tenders, 5 (1 serving) with Wing Sauce Choice Cajun	644	243	27	5	0	115	2270	51	4	3	46	1044	2	85	3
Top Gear Tenders, 5 (1 serving) with Wing Sauce Choice Golden Garlic	644	243	27	5	0	105	2410	49	2	1	46	244	5	45	2
Top Gear Tenders, 5 (1 serving) with Wing Sauce Choice Haute Parm	638	236	26	5	0	112	2507	50	3	1	48	144	17	105	3
Top Gear Tenders, 5 (1 serving) with Wing Sauce Choice Hot	480	87	10	2	0	105	3416	49	3	2	46	1129	4	54	2
Top Gear Tenders, 5 (1 serving) with Wing Sauce Choice Kentucky Bourbon Glaze	604	81	9	2	0	105	2330	79	2	31	46	244	2	45	5
Top Gear Tenders, 5 (1 serving) with Wing Sauce Choice Louisiana Lickers	584	126	14	2	0	105	2610	63	2	15	46	644	7	45	3
Top Gear Tenders, 5 (1 serving) with Wing Sauce Choice Medium	68	65	287	33	0	105	2510	42	1	46	644	2	45	2	
Top Gear Tenders, 5 (1 serving) with Wing Sauce Choice Mild	724	333	37	6	0	105	2270	47	2	1	46	444	2	45	2
Top Gear Tenders, 5 (1 serving) with Wing Sauce Choice Original BBQ	604	81	9	2	0	105	2050	81	2	31	46	44	12	45	3
Top Gear Tenders, 5 (1 serving) with Wing Sauce Choice Parmesan Pepper	764	351	39	8	0	165	2390	47	2	1	46	44	2	285	2
Top Gear Tenders, 5 (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	60	60	9	2	0	105	2330	49	3	37	46	44	2	45	2
Top Gear Tenders, 5 (1 serving) with Wing Sauce Choice Supercharged	484	90	10	2	0	105	2390	59	4	1	46	3544	5	45	3
Top Gear Tenders, 5 (1 serving) with Wing Sauce Choice Thai R Cracker	644	81	9	2	0	105	2470	91	2	43	46	244	2	45	2
Top Gear Tenders, 5 (1 serving) with Wing Sauce Choice ThaiSian	664	162	18	3	0	105	2420	75	2	27	46	244	3	45	2
Top Gear Tenders, 5 (1 serving) with Wing Sauce Choice Triple Atomic	555	97	11	2	0	105	2562	65	3	16	47	928	93	51	2

Premium Sidescars	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
Fresh Baked Idaho Potato (1 serving)	288	24	3	0	0	0	694	59	4	2	7	20	64	47	3
Fresh Baked Idaho Potato (1 serving) with Sour Cream	342	72	8	4	0	21	710	60	4	3	7	234	64	90	3
Fresh Baked Idaho Potato (1 serving) with Whipped Butter	404	139	15	9	0	32	790	59	4	2	7	148	64	47	3
House-Made Mac and Cheese (1 serving)	450	163	18	9	0	46	1653	53	1	7	20	488	7	368	3
Loaded Baked Idaho Potato (1 serving)	288	24	3	0	0	0	694	59	4	2	7	20	64	47	3
Loaded Baked Idaho Potato (1 serving) with Bacon Pieces	328	55	6	2	0	5	824	59	4	2	9	20	64	47	3
Loaded Baked Idaho Potato (1 serving) with Cheddar Jack Cheese	403	109	12	6	0	30	864	60	4	3	14	320	64	247	3
Loaded Baked Idaho Potato (1 serving) with Scallions	289	24	3	0	0	0	694	59	4	2					

Beverages	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
Mango Lube-N-Ade (1 serving)	159	0	0	0	0	0	9	39	1	36	0	2813	45	7	0
Peach Lube-N-Ade (1 serving)	153	0	0	0	0	0	23	38	0	36	0	42	13	7	0
Prickly Pear Lube-N-Ade (1 serving)	247	0	0	0	0	0	6	62	0	59	0	4	11	7	0
Raspberry Lube-N-Ade (1 serving)	161	0	0	0	0	0	19	40	0	37	0	379	11	7	0
Strawberry Lube-N-Ade (1 serving)	172	0	0	0	0	0	6	43	1	38	0	4	41	7	0
Wildberry Lube-N-Ade (1 serving)	159	0	0	0	0	0	9	39	1	33	0	4	45	7	0

Throwback Fan Favorites - Classics Limited Time Offer

Alcoholic Beverages	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
Electric Lemonade (1 drink)	252	0	0	0	0	0	57	36	1	28	0	3	14	7	0
Sex On The Beach (1 drink)	196	0	0	0	0	0	16	32	1	21	1	200	67	17	0

Jump Starters	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
Cajun Blue Cheese Chips (1 serving)	1121	803	89	19	0	57	2316	62	7	3	14	749	1	305	1
Greek Nachos (1 serving)	1227	672	75	27	0	143	3889	106	8	5	42	2406	18	433	9
Peel-Out Potato Skins (1 serving)	1340	782	87	45	0	211	2944	87	6	10	56	2121	87	1315	4

Sandwiched In Items	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
A Bigga Burger (1 serving)	1471	802	89	34	1	325	3360	64	3	7	99	1499	6	386	9
Cheesesteak Melt (1 serving)	761	385	43	12	0	127	1438	48	3	4	41	376	2	273	6

Main Street Items	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
GTO Gyro (1 serving)	689	345	38	17	0	83	1813	59	5	2	25	326	4	149	6

Party Fuel Catering Menu Items - available at participating locations

Sandwiches & Wraps	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
Custom Sandwich Platter, Serves 12 (1 serving)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Custom Sandwich Platter, Serves 12 (1 serving) with Sandwich Choice Breaded Boneless Chicken Wrap	770	341	38	8	0	72	2146	77	8	10	30	9685	6	230	4
Custom Sandwich Platter, Serves 12 (1 serving) with Sandwich Choice Breaded Chicken Club	815	352	39	13	0	171	2163	55	2	6	57	736	4	259	4
Custom Sandwich Platter, Serves 12 (1 serving) with Sandwich Choice Chicken Caesar Wrap	694	296	33	8	0	79	1892	59	7	9	37	8305	35	343	5
Custom Sandwich Platter, Serves 12 (1 serving) with Sandwich Choice Chicken Club Wrap	811	401	45	12	0	124	2080	52	4	7	48	539	3	243	4
Custom Sandwich Platter, Serves 12 (1 serving) with Sandwich Choice Grilled Boneless Chicken Wrap	723	356	41	9	0	79	2163	69	7	9	43	9855	6	226	57
Custom Sandwich Platter, Serves 12 (1 serving) with Sandwich Choice Grilled Chicken Club	714	349	39	13	0	168	1696	34	1	6	54	760	4	242	3
Custom Sandwich Platter, Serves 12 (1 serving) with Sandwich Choice Steak Caesar Wrap	792	383	43	14	0	89	1614	58	7	8	40	8289	34	352	6
Custom Sandwich Platter, Serves 12 (1 serving) with Sandwich Choice Veggie Wrap	758	400	44	16	0	75	1376	65	8	12	25	6384	87	520	4
Custom Sandwich Platter, Serves 12 (12 servings)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Custom Sandwich Platter, Serves 12 (12 servings) with Sandwich Choice Breaded Boneless Chicken Wrap	9235	4086	454	93	4	862	25749	926	90	119	365	116217	69	2764	48
Custom Sandwich Platter, Serves 12 (12 servings) with Sandwich Choice Breaded Chicken Club	9779	4226	470	153	4	2050	25952	960	26	77	885	8826	65	3111	43
Custom Sandwich Platter, Serves 12 (12 servings) with Sandwich Choice Chicken Caesar Wrap	8259	356	99	22	0	955	2298	706	86	104	413	9865	61	420	417
Custom Sandwich Platter, Serves 12 (12 servings) with Sandwich Choice Chicken Club Wrap	9731	4815	535	147	0	1484	24958	627	54	79	571	6467	38	2918	45
Custom Sandwich Platter, Serves 12 (12 servings) with Sandwich Choice Grilled Boneless Chicken Wrap	8741	4395	488	99	0	953	21160	710	83	120	380	116221	71	2715	45
Custom Sandwich Platter, Serves 12 (12 servings) with Sandwich Choice Grilled Chicken Club	8588	4183	465	152	4	2018	20348	402	17	70	852	9116	45	2907	38
Custom Sandwich Platter, Serves 12 (12 servings) with Sandwich Choice Steak Caesar Wrap	9505	4601	511	163	0	1067	19373	659	84	98	478	89470	407	4223	69
Custom Sandwich Platter, Serves 12 (12 servings) with Sandwich Choice Veggie Wrap	9102	4803	534	193	0	900	16512	775	93	148	300	76608	1040	6241	43
Custom Sandwich Platter, Serves 6 (6 servings)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Custom Sandwich Platter, Serves 6 (6 servings) with Sandwich Choice Breaded Boneless Chicken Wrap	4617	2043	227	46	0	431	12874	463	45	60	183	58108	35	1382	24
Custom Sandwich Platter, Serves 6 (6 servings) with Sandwich Choice Breaded Chicken Club	4890	2113	235	76	2	1025	12976	330	13	39	343	4413	23	1556	21
Custom Sandwich Platter, Serves 6 (6 servings) with Sandwich Choice Chicken Caesar Wrap	4165	1777	197	49	0	777	11349	353	43	52	222	49832	210	2059	28
Custom Sandwich Platter, Serves 6 (6 servings) with Sandwich Choice Chicken Club Wrap	4866	2407	265	74	12	742	12479	314	27	39	285	3234	19	1459	23
Custom Sandwich Platter, Serves 6 (6 servings) with Sandwich Choice Grilled Boneless Chicken Wrap	4370	2198	244	49	0	477	10580	355	42	60	190	58110	35	1358	22
Custom Sandwich Platter, Serves 6 (6 servings) with Sandwich Choice Grilled Chicken Club	4284	2092	232	76	2	1009	10174	201	9	35	326	4558	23	1453	19
Custom Sandwich Platter, Serves 6 (6 servings) with Sandwich Choice Steak Caesar Wrap	4753	2301	256	82	0	534	9686	349	42	49	239	49735	204	2112	34
Custom Sandwich Platter, Serves 6 (6 servings) with Sandwich Choice Veggie Wrap	4551	2401	267	96	0	450	8256	388	46	74	150	38304	520	3121	22

Specialty Salads

Specialty Salads	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
TGT Chicken Salad, 10-15 (1 serving)	412	188	21	7	0	56	869	32	4	12	23	7648	43	242	4
TGT Chicken Salad, 10-15 (15 servings)	6186	2826	314	103	0	842	13029	473	54	185	344	114718	649	3625	61
TGT Chicken Salad, 4-6 (1 serving)	515	236	26	9	0	70	1086	39	4	15	29	9560	54	302	5
TGT Chicken Salad, 4-6 (6 servings)	3080	1413	157	51	0	421	6515	236	27	92	172	57359	324	1811	31
Biker Chicken Salad, Serves 10-15 (1 serving)	322	106	12	4	0	53	450	31	4	25	21	5745	41	100	2
Biker Chicken Salad, Serves 10-15 (1 serving) with Dressing Choice Balsamic Vinaigrette	386	154	17	4	0	53	653	35	4	29	21	5745	41	100	2
Biker Chicken Salad, Serves 10-15 (1 serving) with Dressing Choice Bleu Cheese	472	247	27	6	0	63	713	32	4	25	22	5786	41	100	2
Biker Chicken Salad, Serves 10-15 (1 serving) with Dressing Choice Chipotle Ranch	430	212	24	5	0	64	770	32	4	26	21	5777	41	122	2
Biker Chicken Salad, Serves 10-15 (1 serving) with Dressing Choice Farmhouse Ranch	429	211	23	5	0	64	738	32	4	26	21	5745	41	121	2
Biker Chicken Salad, Serves 10-15 (1 serving) with Dressing Choice Fat Free Italian	333	106	12	4	0	53	973	34	4	27	21	5745	41	100	2
Biker Chicken Salad, Serves 10-15 (1 serving) with Dressing Choice Jalapeno Ranch	471	250	28	7	0	69	717	32	4	26	21	5745	41	100	2
Biker Chicken Salad, Serves 10-15 (1 serving) with Dressing Choice Northern Italian	461	240	27	6	0	53	813	32	4	25	21	5852	45	121	2
Biker Chicken Salad, Serves 10-15 (1 serving) with Dressing Choice Olive Oil and Balsamic Vinegar	469	240	27	6	0	53	450	34	4	28	21	5745	41	100	2
Biker Chicken Salad, Serves 10-15 (1 serving) with Dressing Choice Sweet Vidalia Onion	450	192	21	5	0	53	568	40	4	34	21	5745	41	121	2
Biker Chicken Salad, Serves 10-15 (1 serving) with Dressing Choice Wildberry Poppysseed	429	178	20	5	0	65	659	40	4	32	21	5745	47	100	2
Biker Chicken Salad, Serves 10-15 (15 servings)	4832	1586	176	58	0	795	6756	460	55	369	319	86180	611	1501	28
Biker Chicken Salad, Serves 10-15 (15 servings) with Dressing Choice Balsamic Vinaigrette	5792	2306	256	66	0	795	9796	524	55	433	319	86180	611	1501	28
Biker Chicken Salad, Serves 10-15 (15 servings) with Dressing Choice Bleu Cheese	7075	3709	412	88	0	951	10690	473	56	378	337	86796	611	1501	29
Biker Chicken Salad, Serves 10-15 (15 servings) with Dressing Choice Chipotle Ranch	6429	3177	353	82	0	955	11551	460	56	388	319	86661	611	1827	28
Biker Chicken Salad, Serves 10-15 (15 servings) with Dressing Choice Farmhouse Ranch	6432	3170	352	82	0	955	11076	476	55	385	319	86180	611	1821	28
Biker Chicken Salad, Serves 10-15 (15 servings) with Dressing Choice Fat Free Italian	4992	1586	176	58	0	795	14596	508	55	401	319	86180	611	1501	28
Biker Chicken Salad, Serves 10-15 (15 servings) with Dressing Choice Jalapeno Ranch	7072	3746	416	98	0	1035	10756	476	55	385	319	86180	611	1501	28
Biker Chicken Salad, Serves 10-15 (15 servings) with Dressing Choice Northern Italian	6912	3602	400	90	0	795	12196	476	55	369	319	87780	668	1821	28
Biker Chicken Salad, Serves 10-15 (15 servings) with Dressing Choice Olive Oil and Balsamic Vinegar	7040	3602	400	90	0	795	6756	508	55	417	319	86180	611	1501	28
Biker Chicken Salad, Serves 10-15 (15 servings) with Dressing Choice Sweet Vidalia Onion	6752	2882	320	82	0	795	8516	604	55	513	319	86180	611	1821	28
Biker Chicken Salad, Serves 10-15 (15 servings) with Dressing Choice Wildberry Poppysseed	6437	2666	296	76	0	975	9883	597	58	481	319	86180	700	1501	29
Biker Chicken Salad, Serves 4-6 (1 serving)	399	132	15	5	0	66	563	37	5	30	27	7182	56	127	2
Biker Chicken Salad, Serves 4-6 (1 serving) with Dressing Choice Balsamic Vinaigrette	479	1													

Caesar Salad, Serves 4-6 (6 servings) with Protein Choice Grilled Top Sirloin Steak

2726	1418	158	50	0	356	6470	166	20	165	55189	226	1606	25
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Garage Salad, Serves 10-15 (1 serving)

118	60	7	4	0	20	167	8	3	3	7	7653	43	209	3
182	108	12	5	0	20	370	12	3	7	7	7653	43	209	3
267	201	22	6	0	31	430	8	3	8	7694	43	209	3	
226	166	18	6	0	31	430	8	3	7	7695	43	209	3	
222	65	18	6	0	31	455	9	3	4	7	7653	43	209	3
129	60	7	4	0	20	690	11	3	5	7	7653	43	209	3
267	204	23	7	0	36	434	9	3	4	7	7653	43	209	3
25	22	6	2	0	20	530	9	3	3	7	7760	47	231	3
265	194	22	6	0	20	167	11	3	6	7	7653	43	209	3
246	146	16	6	0	20	285	17	3	12	7	7653	43	231	3
225	132	15	5	0	32	376	17	3	10	7	7653	49	209	3
233	106	12	5	0	60	377	8	3	3	23	7667	44	220	4
247	137	15	8	0	51	243	8	3	3	19	7654	43	225	4

Garage Salad, Serves 10-15 (15 servings)

1768	893	99	60	0	300	2512	114	48	41	108	114796	650	3139	51
2728	1613	178	123	0	370	5552	178	48	105	108	114796	650	3139	51
4011	3017	335	91	0	457	6446	126	50	51	126	115411	651	3139	52
3390	2485	276	85	0	460	7307	134	49	60	108	115276	650	3466	51
3368	2477	275	84	0	460	6832	130	48	57	108	114796	650	3469	51
1928	893	99	60	0	300	10352	162	48	73	108	114796	650	3139	51
4008	3053	339	100	0	540	6512	130	48	57	108	114796	650	3139	51
3848	2909	323	92	0	300	7952	130	48	41	108	116396	708	3459	51
3876	2909	323	92	0	300	2512	162	48	89	108	114796	650	3139	51
3688	2189	243	78	0	480	4272	258	48	185	108	114796	650	3459	51
3372	1973	219	78	0	480	5640	250	51	154	108	114796	740	3139	52
3499	1592	177	75	0	893	5650	122	49	47	345	115010	662	3306	59
3711	2059	229	113	0	771	3651	115	49	41	289	114813	650	3370	65

Garage Salad, Serves 4-6 (1 serving)

147	74	8	5	0	25	209	9	4	3	9	9566	54	262	4
227	134	15	6	0	25	463	15	4	9	9	9566	54	262	4
234	251	28	7	0	38	537	11	4	4	10	9566	54	262	4
282	207	23	7	0	38	609	11	4	5	9	9606	54	289	4
281	206	23	7	0	38	569	11	4	5	9	9566	54	288	4
161	74	8	5	0	25	863	13	4	6	9	9566	54	262	4
334	254	28	7	0	45	45	11	4	5	10	9566	54	262	4
321	242	27	8	0	25	663	11	4	3	9	9566	59	288	4
331	242	27	8	0	25	209	13	4	7	9	9566	54	262	4
307	182	20	7	0	25	356	21	4	15	9	9566	54	288	4
291	18	18	18	0	7	447	21	4	13	12	9566	62	262	4
292	133	15	6	0	74	471	10	4	4	29	9584	55	275	5
309	172	19	9	0	64	304	10	4	3	24	9568	54	281	5

Garage Salad, Serves 4-6 (6 servings)

884	447	50	30	0	150	1256	57	24	21	54	57398	325	1570	26
1364	807	90	34	0	150	2776	89	24	53	54	57398	325	1570	26
2006	1508	168	45	0	228	3223	63	25	26	63	57706	325	1570	26
1695	1242	138	42	0	230	3634	67	24	30	54	57638	325	1733	26
1698	1239	138	42	0	230	3634	67	24	29	54	57398	325	1570	26
964	447	50	30	0	150	5176	81	24	37	54	57398	325	1570	26
2004	1527	170	50	0	270	3256	65	24	29	54	57398	325	1570	26
1921	1458	162	46	0	150	3975	65	24	21	54	57398	325	1730	26
1988	1455	162	46	0	150	1256	81	24	45	54	57398	325	1570	26
1844	1095	122	42	0	150	2136	129	24	93	54	57398	325	1730	26
1886	967	110	39	0	240	2820	125	26	77	54	57398	370	1570	26
1751	795	98	67	0	447	2975	88	25	24	12	57398	331	1653	29
1855	1029	114	59	0	386	1826	57	24	21	145	57406	325	1685	32

Best Wings USA

	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
Bone-In Wings, 100 (1 serving)	396	290	32	8	0	105	99	0	0	0	25	200	1	16	1
Bone-In Wings, 100 (1 serving) with Wing Dust Chipotle BBQ	436	303	34	8	0	105	954	7	0	5	25	1065	1	28	2
Bone-In Wings, 100 (1 serving) with Wing Dust Ghost Pepper Seasoning	442	316	35	10	0	105	1147	4	0	6	25	1774	2	28	2
Bone-In Wings, 100 (1 serving) with Wing Dust Mango Habanero	434	292	32	8	0	105	780	9	0	6	25	826	3	50	2
Bone-In Wings, 100 (1 serving) with Wing Sauce Choice Arizona Ranch	460	347	39	8	0	109	747	2	0	1	25	520	2	16	1
Bone-In Wings, 100 (1 serving) with Wing Sauce Choice Asian Sesame	484	355	39	9	0	105	403	5	0	4	25	280	2	16	1
Bone-In Wings, 100 (1 serving) with Wing Sauce Choice Boom Boom	532	412	46	10	0	117	380	2	0	11	25	280	4	32	2
Bone-In Wings, 100 (1 serving) with Wing Sauce Choice Buckeye BBQ	444	290	32	8	0	105	323	12	0	11	25	440	4	32	2
Bone-In Wings, 100 (1 serving) with Wing Sauce Choice Cajun	468	355	39	9	0	109	363	2	1	1	25	600	1	32	2
Bone-In Wings, 100 (1 serving) with Wing Sauce Choice Golden Garlic	468	355	39	9	0	105	419	1	0	0	25	280	2	16	1
Bone-In Wings, 100 (1 serving) with Wing Sauce Choice Haute Parm	468	352	39	9	0	108	458	1	0	0	26	240	7	40	2
Bone-In Wings, 100 (1 serving) with Wing Sauce Choice Hot	403	292	32	8	0	105	822	1	0	0	25	634	2	20	1
Bone-In Wings, 100 (1 serving) with Wing Sauce Choice Kentucky Bourbon Glaze	452	290	32	8	0	105	387	13	0	12	25	280	1	16	2
Bone-In Wings, 100 (1 serving) with Wing Sauce Choice Louisiana Lickers	444	308	34	8	0	105	499	6	0	6	25	440	3	16	2
Bone-In Wings, 100 (1 serving) with Wing Sauce Choice Medium	484	376	42	9	0	105	489	1	0	0	25	440	1	16	1
Bone-In Wings, 100 (1 serving) with Wing Sauce Choice Original BBQ	452	290	32	8	0	105	275	14	0	12	25	200	5	16	2
Bone-In Wings, 100 (1 serving) with Wing Sauce Choice Parmesan Pepper	516	398	44	10	0	129	411	0	0	0	25	200	1	112	1
Bone-In Wings, 100 (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	452	290	32	8	0	105	387	14	0	14	25	280	1	16	1
Bone-In Wings, 100 (1 serving) with Wing Sauce Choice Supercharged	404	293	33	8	0	105	411	1	0	1	25	1600	2	16	2
Bone-In Wings, 100 (1 serving) with Wing Sauce Choice Thai R Cracker	468	290	32	8	0	105	443	18	0	17	25	280	1	16	1
Bone-In Wings, 100 (1 serving) with Wing Sauce Choice Thaisian	476	322	36	8	0	105	423	11	0	10	25	280	1	16	1
Bone-In Wings, 100 (1 serving) with Wing Sauce Choice Triple Atomic	433	296	33	8	0	105	488	7	0	6	25	554	37	19	1
Bone-In Wings, 100 (30 servings)	11888	8692	966	229	0	3143	2980	0	0	0	748	6001	29	490	39
Bone-In Wings, 100 (30 servings) with Wing Dust Chipotle BBQ	13080	9052	1009	246	11	3143	28627	196	12	137	756	31957	44	838	48
Bone-In Wings, 100 (30 servings) with Wing Dust Ghost Pepper Seasoning	13294	9254	1024	262	1	3143	34242	122	24	40	748	33234	74	781	53
Bone-In Wings, 100 (30 servings) with Wing Dust Mango Habanero	13019	8765	974	231	1	3143	23396	257	11	189	756	24775	101	1506	48
Bone-In Wings, 100 (30 servings) with Wing Sauce Choice Arizona Ranch	13808	10420	1158	253	10	3263	22420	48	0	24	748	15601	57	490	39
Bone-In Wings, 100 (30 servings) with Wing Sauce Choice Asian Sesame	14528	10636	1182	265	0	3143	12102	144	0	120	748	8401	57	490	39
Bone-In Wings, 100 (30 servings) with Wing Sauce Choice Boom Boom	15568	1238	1374	289	1	3503	8460	72	0	48	748	8401	86	86	39
Bone-In Wings, 100 (30 servings) with Wing Sauce Choice Buckeye BBQ	13328	8692	966	229	0										

Bone-In Wings, 50 (15 servings) with Wing Sauce Choice Thai R Cracker	7024	4346	483	115	1	1572	6650	264	0	252	374	4201	14	245	19
Bone-In Wings, 50 (15 servings) with Wing Sauce Choice ThaiSain	7144	4832	537	124	1	1572	6350	168	0	156	374	4201	21	245	19
Bone-In Wings, 50 (15 servings) with Wing Sauce Choice Triple Atomic	6494	4440	493	117	1	1572	7325	111	6	92	377	5306	559	282	21

Breaded Boneless Wings, 100 (1 serving)	220	73	8	1	0	44	667	18	0	0	19	0	0	0	0
Breaded Boneless Wings, 100 (1 serving) with Wing Dust Chipotle BBQ	232	76	8	1	0	44	622	20	0	1	19	256	0	0	1
Breaded Boneless Wings, 100 (1 serving) with Wing Dust Ghost Pepper Seasoning	237	82	9	2	0	44	1038	19	0	0	19	558	1	3	1
Breaded Boneless Wings, 100 (1 serving) with Wing Dust Mango Habanero	242	74	8	1	0	44	1052	23	0	4	19	354	1	19	1
Breaded Boneless Wings, 100 (1 serving) with Wing Sauce Choice Arizona Ranch	284	130	14	2	0	48	1315	19	0	1	19	320	1	0	1
Breaded Boneless Wings, 100 (1 serving) with Wing Sauce Choice Asian Sesame	301	137	15	4	0	44	883	23	0	2	19	871	1	0	1
Breaded Boneless Wings, 100 (1 serving) with Wing Sauce Choice Boom Boom	356	195	22	3	0	56	883	20	0	2	19	80	2	0	1
Breaded Boneless Wings, 100 (1 serving) with Wing Sauce Choice Buckeye BBQ	268	73	8	1	0	44	891	30	0	11	19	240	3	16	1
Breaded Boneless Wings, 100 (1 serving) with Wing Sauce Choice Cajun	292	137	15	2	0	48	931	19	1	1	19	400	0	16	1
Breaded Boneless Wings, 100 (1 serving) with Wing Sauce Choice Golden Garlic	292	137	15	2	0	44	937	19	0	0	19	80	1	0	1
Breaded Boneless Wings, 100 (1 serving) with Wing Sauce Choice Haute Parm	290	134	15	2	0	47	1026	19	0	0	20	40	6	24	2
Breaded Boneless Wings, 100 (1 serving) with Wing Sauce Choice Hot	227	75	8	1	0	44	1390	19	0	0	19	434	1	3	1
Breaded Boneless Wings, 100 (1 serving) with Wing Sauce Choice Kentucky Bourbon Glaze	276	73	8	1	0	44	955	31	0	12	19	80	0	0	2
Breaded Boneless Wings, 100 (1 serving) with Wing Sauce Choice Louisiana Lickers	268	91	10	2	0	44	1057	24	0	0	19	240	2	0	1
Breaded Boneless Wings, 100 (1 serving) with Wing Sauce Choice Medium	308	159	18	3	0	44	1067	19	0	0	19	240	0	0	1
Breaded Boneless Wings, 100 (1 serving) with Wing Sauce Choice Original BBQ	276	73	8	1	0	44	843	31	0	12	19	0	4	0	1
Breaded Boneless Wings, 100 (1 serving) with Wing Sauce Choice Parmesan Pepper	340	181	20	4	0	68	979	18	0	0	19	0	0	96	1
Breaded Boneless Wings, 100 (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	276	73	8	1	0	44	955	31	0	12	19	80	0	0	2
Breaded Boneless Wings, 100 (1 serving) with Wing Sauce Choice Supercharged	228	76	8	1	0	44	979	19	1	0	19	1400	1	0	1
Breaded Boneless Wings, 100 (1 serving) with Wing Sauce Choice Thai R Cracker	292	73	8	1	0	44	1011	35	0	17	19	80	0	0	1
Breaded Boneless Wings, 100 (1 serving) with Wing Sauce Choice ThaiSain	300	105	12	2	0	44	991	29	0	10	19	80	0	0	1
Breaded Boneless Wings, 100 (1 serving) with Wing Sauce Choice Triple Atomic	257	79	9	1	0	44	1056	25	0	6	19	354	36	2	1

Breaded Boneless Wings, 100 (30 servings)	6613	2177	242	38	1	1334	20011	534	0	0	567	0	0	0	36
Breaded Boneless Wings, 100 (30 servings) with Wing Dust Chipotle BBQ	6966	2292	255	43	3	1334	27611	592	4	41	567	7591	5	103	369
Breaded Boneless Wings, 100 (30 servings) with Wing Dust Ghost Pepper Seasoning	6723	2458	273	60	1	1334	31148	577	9	14	577	16728	16	103	43
Breaded Boneless Wings, 100 (30 servings) with Wing Dust Mango Habanero	7253	2218	246	38	1	1334	31563	679	6	107	571	10623	41	575	41
Breaded Boneless Wings, 100 (30 servings) with Wing Sauce Choice Arizona Ranch	8533	3905	434	62	1	1454	39451	582	0	24	567	9600	29	0	36
Breaded Boneless Wings, 100 (30 servings) with Wing Sauce Choice Asian Sesame	925	421	458	74	1	1334	29134	678	0	120	567	2400	29	0	36
Breaded Boneless Wings, 100 (30 servings) with Wing Sauce Choice Boom Boom	10693	5849	650	98	1	1694	26491	606	0	48	567	2400	58	0	36
Breaded Boneless Wings, 100 (30 servings) with Wing Sauce Choice Buckeye BBQ	8053	2177	242	38	1	1334	26731	894	0	336	567	7200	86	480	45
Breaded Boneless Wings, 100 (30 servings) with Wing Sauce Choice Cajun	8773	4121	458	74	1	1454	27331	582	24	24	567	12000	0	480	45
Breaded Boneless Wings, 100 (30 servings) with Wing Sauce Choice Golden Garlic	8773	4121	458	74	1	1334	25611	558	0	0	567	2400	29	0	36
Breaded Boneless Wings, 100 (30 servings) with Wing Sauce Choice Haute Parm	8710	4034	448	74	1	1423	30773	570	14	0	591	1200	173	720	49
Breaded Boneless Wings, 100 (30 servings) with Wing Sauce Choice Hot	6807	2245	249	38	1	1334	41686	560	11	10	572	13020	18	104	39
Breaded Boneless Wings, 100 (30 servings) with Wing Sauce Choice Kentucky Bourbon Glaze	8293	2177	242	38	1	1334	28651	918	0	360	567	2400	0	0	71
Breaded Boneless Wings, 100 (30 servings) with Wing Sauce Choice Louisiana Lickers	8053	2177	242	38	1	1334	32011	558	0	14	567	7200	58	0	36
Breaded Boneless Wings, 100 (30 servings) with Wing Sauce Choice Medium	9253	4769	530	86	1	1334	32011	558	0	0	567	7200	0	0	36
Breaded Boneless Wings, 100 (30 servings) with Wing Sauce Choice Original BBQ	8293	2177	242	38	1	1334	25291	942	0	360	567	0	115	0	45
Breaded Boneless Wings, 100 (30 servings) with Wing Sauce Choice Parmesan Pepper	10213	5417	602	110	1	2054	29371	534	0	0	567	0	0	0	2880
Breaded Boneless Wings, 100 (30 servings) with Wing Sauce Choice Smoked Jalapeno Honey	8293	2177	242	38	1	1334	28651	918	0	360	567	2400	0	0	71
Breaded Boneless Wings, 100 (30 servings) with Wing Sauce Choice Supercharged	6853	2285	254	38	1	1334	29371	558	24	0	567	42000	29	0	45
Breaded Boneless Wings, 100 (30 servings) with Wing Sauce Choice Thai R Cracker	8773	2177	242	38	1	1334	30331	1062	0	504	567	2400	0	0	36
Breaded Boneless Wings, 100 (30 servings) with Wing Sauce Choice ThaiSain	9013	3149	350	56	1	1334	29731	870	0	312	567	2400	14	0	36
Breaded Boneless Wings, 100 (30 servings) with Wing Sauce Choice Triple Atomic	7714	2364	263	43	1	1334	31681	756	11	185	573	10612	1089	74	39

Breaded Boneless Wings, 50 (1 serving)	220	73	8	1	0	44	667	18	0	0	19	0	0	0	0
Breaded Boneless Wings, 50 (1 serving) with Wing Dust Chipotle BBQ	232	76	8	1	0	44	622	20	0	1	19	256	0	0	1
Breaded Boneless Wings, 50 (1 serving) with Wing Dust Ghost Pepper Seasoning	237	82	9	2	0	44	1038	19	0	0	19	558	1	3	1
Breaded Boneless Wings, 50 (1 serving) with Wing Dust Mango Habanero	242	74	8	1	0	44	1052	23	0	4	19	354	1	19	1
Breaded Boneless Wings, 50 (1 serving) with Wing Sauce Choice Arizona Ranch	284	130	14	2	0	48	1315	19	0	1	19	320	1	0	1
Breaded Boneless Wings, 50 (1 serving) with Wing Sauce Choice Asian Sesame	301	137	15	4	0	44	883	23	0	2	19	871	1	0	1
Breaded Boneless Wings, 50 (1 serving) with Wing Sauce Choice Boom Boom	356	195	22	3	0	56	883	20	0	2	19	80	2	0	1
Breaded Boneless Wings, 50 (1 serving) with Wing Sauce Choice Buckeye BBQ	268	73	8	1	0	44	891	30	0	11	19	240	3	16	1
Breaded Boneless Wings, 50 (1 serving) with Wing Sauce Choice Cajun	292	137	15	2	0	48	931	19	1	1	19	400	0	16	1
Breaded Boneless Wings, 50 (1 serving) with Wing Sauce Choice Golden Garlic	292	137	15	2	0	44	937	19	0	0	19	80	1	0	1
Breaded Boneless Wings, 50 (1 serving) with Wing Sauce Choice Haute Parm	290	134	15	2	0	47	1026	19	0	0	20	40	6	24	2
Breaded Boneless Wings, 50 (1 serving) with Wing Sauce Choice Hot	227	75	8	1	0	44	1390	19	0	0	19	434	1	3	1
Breaded Boneless Wings, 50 (1 serving) with Wing Sauce Choice Kentucky Bourbon Glaze	276	73	8	1	0	44	955	31	0	12	19	80	0	0	2
Breaded Boneless Wings, 50 (1 serving) with Wing Sauce Choice Louisiana Lickers	268	91	10	2	0	44	1057	24	0	0	19	240	2	0	1
Breaded Boneless Wings, 50 (1 serving) with Wing Sauce Choice Medium	308	159	18	3	0	44	1067	19	0	0	19	240	0	0	1
Breaded Boneless Wings, 50 (1 serving) with Wing Sauce Choice Original BBQ	276	73	8	1	0	44	843	31	0	12	19	0	4	0	1
Breaded Boneless Wings, 50 (1 serving) with Wing Sauce Choice Parmesan Pepper	340	181	20	4	0	68	979	18	0	0	19	0	0	96	1
Breaded Boneless Wings, 50 (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	276	73	8	1	0	44	955	31	0	12	19	80	0	0	2
Breaded Boneless Wings, 50 (1 serving) with Wing Sauce Choice Supercharged	228	76	8	1	0	44	979	19	1	0	19	1400	1	0	1
Breaded Boneless Wings, 50 (1 serving) with Wing Sauce Choice Thai R Cracker	292	73	8	1	0	44	1011	35	0	17	19	80	0	0	1
Breaded Boneless Wings, 50 (1 serving) with Wing Sauce Choice ThaiSain	300	105	12	2	0	44	991	29	0	10	19	80	0	0	1
Breaded Boneless Wings, 50 (1 serving) with Wing Sauce Choice Triple Atomic	257	79	9	1	0	44	1056	25	0	6	19	354	36	2	1

Breaded Boneless Wings, 50 (15 servings)	3306	1088	121	19	0	667	10006	267	0	0	283	0	0	0	18
Breaded Boneless Wings, 50 (15 servings) with Wing Dust Chipotle BBQ	3461	1146	127	21	1	1302	12667	227	20	281	384	2	2	382	19
Breaded Boneless Wings, 50 (15 servings) with Wing Dust Ghost Pepper Seasoning	3548	1229	137	30	0	667	15574	288	4	7	287	8364	8	52	21
Breaded Boneless Wings, 50 (15 servings) with Wing Dust Mango Habanero	3626	1109	123	19	0	667	15782	340	3	54	286	5312	21	288	21
Breaded Boneless Wings, 50 (15 servings) with Wing Sauce Choice Arizona Ranch	4266	1952	217	31	0	727	19726	291	0	12	283	4800	14	0	18
Breaded Boneless Wings, 50 (15 servings) with Wing Sauce Choice Asian Sesame	4623	2303	259	39	0	727	14568	339	60	0	283	1200	14	0	18
Breaded Boneless Wings, 50 (15 servings) with Wing Sauce Choice Boom Boom	5346	2924	325	49	0	847	13246	303	0	24	283	1200	29	0	18
Breaded Boneless Wings, 50 (15 servings) with Wing Sauce Choice Buckeye BBQ	4026	1088	121	19	0	667	13366	447	0	188	283	3600	43	240	22
Breaded Boneless Wings, 50 (15 servings) with Wing Sauce Choice Cajun	4386	2060	229	37	0	727	13966	291	12	12	283	6000	0	240	22

Grilled Boneless Wings, 12 (1 serving) with Wing Dust Mango Habanero	414	97	11	2	0	74	1558	43	2	9	34	809	5	138	3
Grilled Boneless Wings, 12 (1 serving) with Wing Sauce Choice Arizona Ranch	466	154	20	3	0	80	1720	35	2	2	34	527	3	96	3
Grilled Boneless Wings, 12 (1 serving) with Wing Sauce Choice Asian Sesame	501	195	22	4	0	74	182	45	2	7	34	512	3	96	3
Grilled Boneless Wings, 12 (1 serving) with Wing Sauce Choice Boom Boom	579	285	32	5	0	93	1045	36	2	3	34	152	5	96	3
Grilled Boneless Wings, 12 (1 serving) with Wing Sauce Choice Buckeye BBQ	441	94	10	2	0	74	1057	51	2	18	34	402	6	121	3
Grilled Boneless Wings, 12 (1 serving) with Wing Sauce Choice Cajun	473	185	22	4	0	80	135	35	2	2	34	652	3	121	3
Grilled Boneless Wings, 12 (1 serving) with Wing Sauce Choice Golden Garlic	479	195	22	4	0	74	1207	34	2	1	34	152	3	96	3
Grilled Boneless Wings, 12 (1 serving) with Wing Sauce Choice Haute Parmesan	476	191	21	4	0	79	1268	34	2	1	35	89	11	133	4
Grilled Boneless Wings, 12 (1 serving) with Wing Sauce Choice Hot	377	98	11	2	0	74	1836	34	2	1	34	705	2	101	3
Grilled Boneless Wings, 12 (1 serving) with Wing Sauce Choice Kentucky Bourbon Glaze	454	94	10	2	0	74	1417	54	2	1	34	152	2	96	3
Grilled Boneless Wings, 12 (1 serving) with Wing Sauce Choice Louisiana Lickers	441	122	14	2	0	74	1332	42	2	9	34	402	5	96	3
Grilled Boneless Wings, 12 (1 serving) with Wing Sauce Choice Medium	504	229	25	4	0	74	1332	34	2	1	34	402	2	96	3
Grilled Boneless Wings, 12 (1 serving) with Wing Sauce Choice Original BBQ	454	94	10	2	0	74	982	54	2	19	34	27	8	96	3
Grilled Boneless Wings, 12 (1 serving) with Wing Sauce Choice Parmesan Pepper	554	263	29	6	0	112	1195	32	2	1	34	27	2	246	3
Grilled Boneless Wings, 12 (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	454	94	10	2	0	74	1157	55	2	23	34	27	2	96	3
Grilled Boneless Wings, 12 (1 serving) with Wing Sauce Choice Supercharged	379	100	11	2	0	74	1195	34	3	1	34	2214	3	96	3
Grilled Boneless Wings, 12 (1 serving) with Wing Sauce Choice Thai R Cracker	479	94	10	2	0	74	1245	60	2	27	34	152	2	96	3
Grilled Boneless Wings, 12 (1 serving) with Wing Sauce Choice Thai Sesan	491	245	28	6	0	74	1214	50	2	17	34	152	2	96	3
Grilled Boneless Wings, 12 (1 serving) with Wing Sauce Choice Triple Atomic	424	104	12	2	0	74	1315	44	2	10	34	580	58	100	3
Grilled Boneless Wings, 12 (4 servings)	1466	376	42	7	0	297	2629	130	6	3	136	107	6	383	12
Grilled Boneless Wings, 12 (4 servings) with Wing Dust Chipotle BBQ	1664	441	49	10	2	297	7104	62	2	26	137	4433	9	441	13
Grilled Boneless Wings, 12 (4 servings) with Wing Dust Ghost Pepper Seasoning	1693	509	57	18	0	297	8070	150	10	10	139	7980	14	432	15
Grilled Boneless Wings, 12 (4 servings) with Wing Dust Mango Habanero	1654	389	43	7	0	297	6232	173	8	35	137	3236	18	553	13
Grilled Boneless Wings, 12 (4 servings) with Wing Sauce Choice Arizona Ranch	1866	736	82	12	0	322	6879	140	6	8	136	2107	12	383	12
Grilled Boneless Wings, 12 (4 servings) with Wing Sauce Choice Asian Sesame	2016	781	87	15	0	297	4729	160	6	28	136	607	12	383	12
Grilled Boneless Wings, 12 (4 servings) with Wing Sauce Choice Boom Boom	2316	1141	127	20	0	372	4179	145	6	13	136	607	18	383	12
Grilled Boneless Wings, 12 (4 servings) with Wing Sauce Choice Buckeye BBQ	1766	376	42	7	0	297	4229	205	6	73	136	1607	24	483	14
Grilled Boneless Wings, 12 (4 servings) with Wing Sauce Choice Cajun	1916	781	87	15	0	322	4478	140	31	8	136	2607	6	483	14
Grilled Boneless Wings, 12 (4 servings) with Wing Sauce Choice Golden Garlic	1916	781	87	15	0	322	4829	155	6	3	136	107	12	383	12
Grilled Boneless Wings, 12 (4 servings) with Wing Sauce Choice Haute Parmesan	1903	763	85	15	0	315	5071	137	9	3	141	357	42	533	14
Grilled Boneless Wings, 12 (4 servings) with Wing Sauce Choice Hot	1506	391	43	7	0	297	7345	135	9	5	137	2820	10	405	12
Grilled Boneless Wings, 12 (4 servings) with Wing Sauce Choice Kentucky Bourbon Glaze	1616	376	42	7	0	297	4629	210	6	78	136	607	6	383	12
Grilled Boneless Wings, 12 (4 servings) with Wing Sauce Choice Louisiana Lickers	1766	489	54	7	0	297	5329	170	6	38	136	1607	18	383	14
Grilled Boneless Wings, 12 (4 servings) with Wing Sauce Choice Medium	2016	916	102	17	0	297	5329	135	6	3	136	1607	6	383	12
Grilled Boneless Wings, 12 (4 servings) with Wing Sauce Choice Original BBQ	1816	376	42	7	0	297	3929	215	6	78	136	107	30	383	14
Grilled Boneless Wings, 12 (4 servings) with Wing Sauce Choice Parmesan Pepper	2216	1051	117	22	0	447	4779	130	6	3	137	136	6	383	12
Grilled Boneless Wings, 12 (4 servings) with Wing Sauce Choice Smoked Jalapeno Honey	1816	376	42	7	0	297	4629	220	6	93	136	107	6	383	12
Grilled Boneless Wings, 12 (4 servings) with Wing Sauce Choice Supercharged	1516	399	44	7	0	297	4779	135	11	3	136	8857	12	383	14
Grilled Boneless Wings, 12 (4 servings) with Wing Sauce Choice Thai R Cracker	1916	376	42	7	0	297	4979	240	6	108	136	607	6	383	12
Grilled Boneless Wings, 12 (4 servings) with Wing Sauce Choice Thai Sesan	1966	416	46	8	0	297	5209	200	6	58	136	607	9	383	12
Grilled Boneless Wings, 12 (4 servings) with Wing Sauce Choice Triple Atomic	1695	415	46	8	0	297	5260	176	9	41	137	2318	233	399	12
Grilled Boneless Wings, 24 (1 serving)	366	94	10	2	0	74	707	32	2	1	34	27	2	96	3
Grilled Boneless Wings, 24 (1 serving) with Wing Dust Chipotle BBQ	416	110	12	2	0	74	1776	41	2	6	34	1108	2	110	3
Grilled Boneless Wings, 24 (1 serving) with Wing Dust Ghost Pepper Seasoning	423	127	14	4	0	74	2017	38	3	2	35	1995	3	108	4
Grilled Boneless Wings, 24 (1 serving) with Wing Dust Mango Habanero	414	97	11	2	0	74	1558	43	2	9	34	809	5	138	3
Grilled Boneless Wings, 24 (1 serving) with Wing Sauce Choice Arizona Ranch	466	154	20	3	0	80	1720	35	2	2	34	527	3	96	3
Grilled Boneless Wings, 24 (1 serving) with Wing Sauce Choice Asian Sesame	501	195	22	4	0	74	182	45	2	7	34	512	3	96	3
Grilled Boneless Wings, 24 (1 serving) with Wing Sauce Choice Boom Boom	579	285	32	5	0	93	1045	36	2	3	34	152	5	96	3
Grilled Boneless Wings, 24 (1 serving) with Wing Sauce Choice Buckeye BBQ	441	94	10	2	0	74	1057	51	2	18	34	402	6	121	3
Grilled Boneless Wings, 24 (1 serving) with Wing Sauce Choice Cajun	473	185	22	4	0	80	135	35	2	2	34	652	3	121	3
Grilled Boneless Wings, 24 (1 serving) with Wing Sauce Choice Golden Garlic	479	195	22	4	0	74	1207	34	2	1	34	152	3	96	3
Grilled Boneless Wings, 24 (1 serving) with Wing Sauce Choice Haute Parm	476	191	21	4	0	79	1268	34	2	1	35	89	11	133	4
Grilled Boneless Wings, 24 (1 serving) with Wing Sauce Choice Hot	377	98	11	2	0	74	1836	34	2	1	34	705	2	101	3
Grilled Boneless Wings, 24 (1 serving) with Wing Sauce Choice Kentucky Bourbon Glaze	454	94	10	2	0	74	1417	54	2	1	34	152	2	96	3
Grilled Boneless Wings, 24 (1 serving) with Wing Sauce Choice Louisiana Lickers	441	122	14	2	0	74	1332	42	2	9	34	402	5	96	3
Grilled Boneless Wings, 24 (1 serving) with Wing Sauce Choice Medium	504	229	25	4	0	74	1332	34	2	1	34	402	2	96	3
Grilled Boneless Wings, 24 (1 serving) with Wing Sauce Choice Original BBQ	454	94	10	2	0	74	982	54	2	19	34	27	8	96	3
Grilled Boneless Wings, 24 (1 serving) with Wing Sauce Choice Parmesan Pepper	554	263	29	6	0	112	1195	32	2	1	34	27	2	246	3
Grilled Boneless Wings, 24 (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	454	94	10	2	0	74	1157	55	2	23	34	27	2	96	3
Grilled Boneless Wings, 24 (1 serving) with Wing Sauce Choice Supercharged	379	100	11	2	0	74	1195	34	3	1	34	2214	3	96	3
Grilled Boneless Wings, 24 (1 serving) with Wing Sauce Choice Thai R Cracker	479	94	10	2	0	74	1245	60	2	27	34	152	2	96	3
Grilled Boneless Wings, 24 (1 serving) with Wing Sauce Choice Thai Sesan	491	245	28	6	0	74	1214	50	2	17	34	152	2	96	3
Grilled Boneless Wings, 24 (1 serving) with Wing Sauce Choice Triple Atomic	424	104	12	2	0	74	1315	44	2	10	34	580	58	100	3
Grilled Boneless Wings, 24 (8 servings)	2931	753	84	14	0	593	5658	260	13	6	272	215	12	767	24
Grilled Boneless Wings, 24 (8 servings) with Wing Dust Chipotle BBQ	3329	882	98	20	3	593	14207	325	17	52	275	8867	17	883	26
Grilled Boneless Wings, 24 (8 servings) with Wing Dust Ghost Pepper Seasoning	3386	1017	113	35	0	593	16140	300	21	19	279	15959	28	864	30
Grilled Boneless Wings, 24 (8 servings) with Wing Dust Mango Habanero	3309	777	86	15	0	593	12464	345	16	69	275	6473	36	1105	27
Grilled Boneless Wings, 24 (8 servings) with Wing Sauce Choice Arizona Ranch	3731	1478	164	24	0	633	17342	280	16	27	423	13756	24	1667	24
Grilled Boneless Wings, 24 (8 servings) with Wing Sauce Choice Asian Sesame	4031	1563	174	29	0	593	8458	320	13	56	272	1215	24	767	24
Grilled Boneless Wings, 24 (8 servings) with Wing Sauce Choice Boom Boom	4631	2283	254	39	0	643	8358	290	13	26	272	1215	36	767	24
Grilled Boneless Wings, 24 (8 servings) with Wing Sauce Choice Buckeye BBQ	3531	753	84	14	0	593	8458	410	13	146	272	3215	48	967	27
Grilled Boneless Wings, 24 (8 servings) with Wing Sauce Choice Cajun	3831	1563	174	29	0	593	9658	270	13	6	272	1215	48	967	27
Grilled Boneless Wings, 24 (8 servings) with Wing Sauce Choice Golden Garlic	3805	1527	170	29	0	630	10142	275	19	6	282	715	84	1067	29
Grilled Boneless Wings, 24 (8 servings) with Wing Sauce Choice Haute Parm	3012	781	87	15	0	593	14690	271	17	10	274	5640	20	810	25
Grilled Boneless Wings, 24 (8 servings) with Wing Sauce Choice Kentucky Bourbon Glaze	3531	753	84	14	0	593	9258	420	13	156	272	1215	12	767	24
Grilled Boneless Wings, 24 (8 servings) with Wing Sauce Choice Louisiana Lickers	3531	978	109	14	0	593	10658	340	13	76	272	3215	36	767	27
Grilled Boneless Wings, 24 (8 servings) with Wing Sauce Choice Medium	4031	1833	204	34	0	593	10658	270	13	6	272	1215	12	767	24
Grilled Boneless Wings, 24 (8 servings) with Wing Sauce Choice Original BBQ	3631	753	84	14	0	593	7858	430	13	156	272	215	60	767	27
Grilled Boneless Wings, 24 (8 servings) with Wing Sauce Choice Parmesan Pepper	4431	2153	244	44	0	633	12033	240	13	6	272	1215	12	1667	24
Grilled Boneless Wings, 24 (8 servings) with Wing Sauce Choice Smoked Jalapeno Honey	3631	753	84	14	0	593	9258	440	13	186	272	215	12	767	24
Grilled Boneless Wings, 24 (8 servings) with Wing Sauce Choice Supercharged	3031	798	89	14	0	593	9558	270	23	6	272	1215	24	767	27
Grilled Boneless Wings, 24 (8 servings) with Wing Sauce Choice Thai R Cracker	3831	753	84	14	0	593	9958	480	13	216	272	1215	12	767	24
Grilled Boneless Wings, 24 (8 servings) with Wing Sauce Choice Thai Sesan	3931	1153	129	22	0	593	10258	420	13	136	272	1215	18	767	27
Grilled Boneless Wings, 24 (8 servings) with Wing Sauce Choice Triple Atomic	3380	831	92	16	0	593	10521	352	17	83	275	4636	466	798	25
Grilled Boneless Wings, 48 (1 serving)	391	100	11	2	0	79	754	35	2	1	36	29	2	102	3
Grilled Boneless Wings, 48 (1 serving) with Wing Dust Chipotle BBQ	444	118	13	3	0	79	1894	43	2	7	37	1182	2	118	4
Grilled Boneless Wings, 48 (1 serving) with Wing Dust Ghost Pepper Seasoning	451	136	15	5	0	79	2152	40	3	3	37	2128	4	115	4
Grilled Boneless Wings, 48 (1 serving) with Wing Dust Mango Habanero	4														

Top Gear Tender Platter, 12 (1 serving) with Wing Sauce Choice Supercharged	288	53	6	1	0	63	1356	29	2	1	28	1776	3	27	2
Top Gear Tender Platter, 12 (1 serving) with Wing Sauce Choice Thai R Cracker	368	49	5	1	0	63	1396	50	1	22	28	126	1	27	1
Top Gear Tender Platter, 12 (1 serving) with Wing Sauce Choice Thaisian	378	89	6	1	0	63	1371	42	1	14	28	126	2	27	1
Top Gear Tender Platter, 12 (1 serving) with Wing Sauce Choice Triple Atomic	324	57	6	1	0	63	1452	37	1	8	28	469	47	30	1

Top Gear Tender Platter, 12 (4 servings)	1113	195	22	4	0	251	3863	112	4	3	111	105	5	108	5
Top Gear Tender Platter, 12 (4 servings) with Wing Sauce Choice Arizona Ranch	1433	483	54	8	0	271	7103	120	4	7	111	1705	10	108	5
Top Gear Tender Platter, 12 (4 servings) with Wing Sauce Choice Asian Sesame	1553	519	58	10	0	251	5383	136	4	23	111	505	10	108	5
Top Gear Tender Platter, 12 (4 servings) with Wing Sauce Choice Boom Boom	1793	807	90	14	0	311	4943	124	4	1	111	505	15	108	5
Top Gear Tender Platter, 12 (4 servings) with Wing Sauce Choice Buckeye BBQ	1353	195	22	4	0	251	4983	172	4	59	111	1305	20	108	7
Top Gear Tender Platter, 12 (4 servings) with Wing Sauce Choice Cajun	1473	519	58	10	0	271	5183	120	8	7	111	2105	5	188	7
Top Gear Tender Platter, 12 (4 servings) with Wing Sauce Choice Garlic Parm	1629	677	75	13	0	255	5092	117	5	3	114	369	7	153	6
Top Gear Tender Platter, 12 (4 servings) with Wing Sauce Choice Golden Garlic	1473	519	58	10	0	251	5463	116	4	3	111	505	10	108	5
Top Gear Tender Platter, 12 (4 servings) with Wing Sauce Choice Haute Parmesan	1462	598	56	10	0	206	5577	119	6	5	115	305	34	228	7
Top Gear Tender Platter, 12 (4 servings) with Wing Sauce Choice Hot	1145	206	23	4	0	251	7476	116	6	4	111	2275	8	125	6
Top Gear Tender Platter, 12 (4 servings) with Wing Sauce Choice Kentucky Bourbon Glaze	1393	195	22	4	0	251	5303	176	4	63	111	505	5	108	11
Top Gear Tender Platter, 12 (4 servings) with Wing Sauce Choice Louisiana Lickers	1353	295	32	4	0	251	5863	144	4	31	111	1305	15	108	7
Top Gear Tender Platter, 12 (4 servings) with Wing Sauce Choice Medium	1553	627	70	12	0	251	5983	116	4	3	111	1305	5	108	5
Top Gear Tender Platter, 12 (4 servings) with Wing Sauce Choice Mild	1633	699	78	12	0	251	5183	112	4	3	111	905	5	108	5
Top Gear Tender Platter, 12 (4 servings) with Wing Sauce Choice Original BBQ	1393	195	22	4	0	251	4743	180	4	63	111	105	25	108	7
Top Gear Tender Platter, 12 (4 servings) with Wing Sauce Choice Parmesan Pepper	1713	735	82	16	0	371	5423	112	4	3	111	105	5	588	5
Top Gear Tender Platter, 12 (4 servings) with Wing Sauce Choice Smoked Jalapeno Honey	1393	195	22	4	0	251	5303	184	4	75	111	105	5	108	5
Top Gear Tender Platter, 12 (4 servings) with Wing Sauce Choice Smoky Gold BBQ	1317	196	22	4	0	251	5112	162	4	52	111	271	9	137	6
Top Gear Tender Platter, 12 (4 servings) with Wing Sauce Choice Supercharged	1153	213	24	4	0	251	5423	116	8	3	111	705	10	108	7
Top Gear Tender Platter, 12 (4 servings) with Wing Sauce Choice Thai R Cracker	1473	89	6	1	0	251	5983	200	4	37	111	505	5	108	5
Top Gear Tender Platter, 12 (4 servings) with Wing Sauce Choice Thaisian	1513	357	40	7	0	251	5483	168	4	55	111	505	8	108	5
Top Gear Tender Platter, 12 (4 servings) with Wing Sauce Choice Triple Atomic	1296	226	25	5	0	251	5808	149	6	33	112	1874	187	120	6

Top Gear Tender Platter, 24 (1 serving)	278	49	5	1	0	63	966	28	1	1	28	26	1	27	1
Top Gear Tender Platter, 24 (1 serving) with Wing Sauce Choice Arizona Ranch	358	121	13	2	0	68	1776	30	1	2	28	426	3	27	1
Top Gear Tender Platter, 24 (1 serving) with Wing Sauce Choice Asian Sesame	388	130	14	3	0	63	1346	34	1	6	28	126	3	27	1
Top Gear Tender Platter, 24 (1 serving) with Wing Sauce Choice Boom Boom	448	202	22	4	0	78	1236	31	1	3	126	4	27	1	
Top Gear Tender Platter, 24 (1 serving) with Wing Sauce Choice Buckeye BBQ	338	49	5	1	0	63	1246	43	1	15	28	326	5	47	2
Top Gear Tender Platter, 24 (1 serving) with Wing Sauce Choice Cajun	368	130	14	3	0	68	1296	30	2	2	28	526	1	47	2
Top Gear Tender Platter, 24 (1 serving) with Wing Sauce Choice Garlic Parm	407	169	19	3	0	64	1273	29	1	1	28	92	2	38	1
Top Gear Tender Platter, 24 (1 serving) with Wing Sauce Choice Golden Garlic	368	130	14	3	0	63	1366	29	1	1	28	126	3	27	1
Top Gear Tender Platter, 24 (1 serving) with Wing Sauce Choice Haute Parmesan	366	126	14	3	0	66	1414	29	2	1	29	76	9	57	2
Top Gear Tender Platter, 24 (1 serving) with Wing Sauce Choice Hot	286	52	6	1	0	63	1869	29	1	1	28	569	2	31	1
Top Gear Tender Platter, 24 (1 serving) with Wing Sauce Choice Kentucky Bourbon Glaze	348	49	5	1	0	63	1326	44	1	16	28	126	1	27	3
Top Gear Tender Platter, 24 (1 serving) with Wing Sauce Choice Louisiana Lickers	363	130	14	3	0	63	1466	29	1	8	28	126	4	27	1
Top Gear Tender Platter, 24 (1 serving) with Wing Sauce Choice Medium	388	175	17	3	0	63	1466	29	1	1	28	326	1	27	1
Top Gear Tender Platter, 24 (1 serving) with Wing Sauce Choice Mild	408	175	19	3	0	63	1296	28	1	1	28	226	1	27	1
Top Gear Tender Platter, 24 (1 serving) with Wing Sauce Choice Original BBQ	348	49	5	1	0	63	1186	45	1	16	28	26	6	27	2
Top Gear Tender Platter, 24 (1 serving) with Wing Sauce Choice Parmesan Pepper	424	194	22	4	0	63	1366	36	1	22	28	14	147	1	
Top Gear Tender Platter, 24 (1 serving) with Wing Sauce Choice Ranch	378	139	15	3	0	68	1266	30	1	2	28	226	1	27	1
Top Gear Tender Platter, 24 (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	348	49	5	1	0	63	1326	46	1	19	28	26	1	27	1
Top Gear Tender Platter, 24 (1 serving) with Wing Sauce Choice Smoky Gold BBQ	329	49	5	1	0	63	1278	41	1	13	28	58	2	34	1
Top Gear Tender Platter, 24 (1 serving) with Wing Sauce Choice Supercharged	288	49	5	1	0	63	1396	29	1	28	1776	3	27	2	
Top Gear Tender Platter, 24 (1 serving) with Wing Sauce Choice Thai R Cracker	368	49	5	1	0	63	1396	50	1	22	28	126	1	27	1
Top Gear Tender Platter, 24 (1 serving) with Wing Sauce Choice Thaisian	378	89	10	2	0	63	1371	42	1	14	28	126	2	27	1
Top Gear Tender Platter, 24 (1 serving) with Wing Sauce Choice Triple Atomic	324	57	6	1	0	63	1452	37	1	8	28	469	47	30	1

Top Gear Tender Platter, 24 (8 servings)	2225	390	43	8	0	502	7727	224	8	5	221	211	11	215	11
Top Gear Tender Platter, 24 (8 servings) with Wing Sauce Choice Arizona Ranch	2865	966	107	16	0	542	14207	240	8	13	221	3411	21	215	11
Top Gear Tender Platter, 24 (8 servings) with Wing Sauce Choice Asian Sesame	3103	1035	115	21	0	502	10213	215	45	21	211	1011	21	215	11
Top Gear Tender Platter, 24 (8 servings) with Wing Sauce Choice Boom Boom	3585	1614	179	28	0	622	9887	248	8	23	221	1011	30	215	11
Top Gear Tender Platter, 24 (8 servings) with Wing Sauce Choice Buckeye BBQ	2705	390	43	8	0	502	9967	344	8	117	221	2611	40	375	13
Top Gear Tender Platter, 24 (8 servings) with Wing Sauce Choice Cajun	2945	1038	115	20	0	542	10367	240	16	13	221	4211	11	375	13
Top Gear Tender Platter, 24 (8 servings) with Wing Sauce Choice Golden Garlic	3255	138	14	3	0	502	1210	235	9	5	221	739	14	308	18
Top Gear Tender Platter, 24 (8 servings) with Wing Sauce Choice Haute Parmesan	2945	1038	115	20	0	502	10927	232	8	5	221	1011	21	215	11
Top Gear Tender Platter, 24 (8 servings) with Wing Sauce Choice Hot	2924	1009	112	20	0	531	11314	236	12	5	229	611	69	455	15
Top Gear Tender Platter, 24 (8 servings) with Wing Sauce Choice Kentucky Bourbon Glaze	2290	412	46	8	0	502	14952	233	11	9	223	4551	17	250	11
Top Gear Tender Platter, 24 (8 servings) with Wing Sauce Choice Louisiana Lickers	2790	570	63	8	0	502	11227	233	11	9	223	4551	17	250	11
Top Gear Tender Platter, 24 (8 servings) with Wing Sauce Choice Mild	3105	1254	139	24	0	502	11727	232	8	5	221	2611	11	215	11
Top Gear Tender Platter, 24 (8 servings) with Wing Sauce Choice Original BBQ	3265	1388	155	24	0	502	10367	224	8	5	221	1811	11	215	11
Top Gear Tender Platter, 24 (8 servings) with Wing Sauce Choice Parmesan Pepper	3793	195	22	4	0	502	10367	360	11	8	221	1011	11	49	2
Top Gear Tender Platter, 24 (8 servings) with Wing Sauce Choice Ranch	3425	1470	163	32	0	542	10847	224	8	5	221	211	11	1175	11
Top Gear Tender Platter, 24 (8 servings) with Wing Sauce Choice Smoked Jalapeno Honey	3025	110	123	20	0	742	10127	240	8	13	221	1811	11	215	11
Top Gear Tender Platter, 24 (8 servings) with Wing Sauce Choice Smoky Gold BBQ	2783	390	43	8	0	502	10607	360	8	149	221	356	11	215	11
Top Gear Tender Platter, 24 (8 servings) with Wing Sauce Choice Supercharged	2635	392	44	8	0	502	10225	325	8	104	222	541	19	274	11
Top Gear Tender Platter, 24 (8 servings) with Wing Sauce Choice Supercharged	2305	426	47	8	0	502	10847	232	16	5	221	14211	21	215	13
Top Gear Tender Platter, 24 (8 servings) with Wing Sauce Choice Thai R Cracker	2945	390	43	8	0	502	11167	400	8	173	221	1011	11	215	11
Top Gear Tender Platter, 24 (8 servings) with Wing Sauce Choice Thaisian	3025	714	78	16	0	502	11617	298	11	108	221	1011	16	215	11
Top Gear Tender Platter, 24 (8 servings) with Wing Sauce Choice Triple Atomic	2592	452	50	10	0	502	11617	298	11	67	223	3748	374	240	12

Top Gear Tender Platter, 48 (1 serving)	297	52	6	1	0	67	1030	30	1	1	30	28	1	29	1
Top Gear Tender Platter, 48 (1 serving) with Wing Sauce Choice Arizona Ranch	361	110	12	2	0	71	1634	31	1	1	30	348	2	29	1
Top Gear Tender Platter, 48 (1 serving) with Wing Sauce Choice Asian Sesame	385	117	13	2	0	67	1334	35	1	5	30	108	2	29	1
Top Gear Tender Platter, 48 (1 serving) with Wing Sauce Choice Boom Boom	433	174	19	3	0	79	1246	32	1	2	30	108	3	29	1
Top Gear Tender Platter, 48 (1 serving) with Wing Sauce Choice Buckeye BBQ	345	52	6	1	0	67	1254	42	1	12	30	268	4	45	2
Top Gear Tender Platter, 48 (1 serving) with Wing Sauce Choice Cajun	369	117	13	2	0	71	1234	31	1	2	30	128	1	45	2
Top Gear Tender Platter, 48 (1 serving) with Wing Sauce Choice Garlic Parm	400	148	16	3	0	68	1276	31	1	1	30	81	2	38	1
Top Gear Tender Platter, 48 (1 serving) with Wing Sauce Choice Golden Garlic	369	117	13	2	0	67	1350	31	1	1	30	108	2	29	1
Top Gear Tender Platter, 48 (1 serving) with Wing Sauce Choice Haute Parmesan	367	114	13	2	0	70	1389	31	1	1	30	68	7	53	2
Top Gear Tender Platter, 48 (1 serving) with Wing Sauce Choice Hot	303	54	6	1	0	67	1753	31	1	1	30	462	2	32	1
Top Gear Tender Platter, 48 (1 serving) with Wing Sauce Choice Kentucky Bourbon Glaze	345	52	6	1	0	67	1318	43	1	13	30	108	1	29	3
Top Gear Tender Platter, 48 (1 serving) with Wing Sauce Choice Louisiana Lickers	353	70	8	1	0	67	1490	36	1	1	30	268	3	29	2
Top Gear Tender Platter, 48 (1 serving) with Wing Sauce Choice Medium	385	138	15	3	0	67	1430	31	1	1	30	268	1	29	1
Top Gear Tender Platter, 48 (1 serving) with Wing Sauce Choice Mild	401	138	15	3	0	67	1294	31	1	1	30	188	1	29	1
Top Gear Tender Platter, 48 (1 serving) with Wing Sauce Choice Original BBQ	353	52	6	1	0	67	1206	43	1	13	30	28	5	29	2
Top Gear Tender Platter, 48 (1 serving) with Wing Sauce Choice Parmesan Pepper	417	160	18	3	0	91	1342	30	1	1	30	28	1	125	1
Top Gear Tender Platter, 48 (1 serving) with Wing Sauce Choice Ranch	377	124	14	2	0	71	1270	31	1	1	30	188	1	29	1
Top Gear Tender Platter, 48 (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	353	52	6	1	0	67	1318	44	1	15	30	28	1</		

Big Rig Pork Platter, Family Style (1 serving) with Wing Sauce Choice Thai R Cracker	1049	478	53	15	1	118	2608	107	5	69	34	1736	25	160	6	
Big Rig Pork Platter, Family Style (1 serving) with Wing Sauce Choice Thaiisan	1056	508	56	16	1	118	2589	101	5	63	34	1736	25	160	6	
Big Rig Pork Platter, Family Style (1 serving) with Wing Sauce Choice Triple Atomic	1016	483	54	15	1	118	2650	97	6	59	34	1992	59	163	6	
Big Rig Pork Platter, Family Style (4 servings)	3925	1910	212	61	4	471	9141	361	21	215	136	6643	99	641	23	
Big Rig Pork Platter, Family Style (4 servings) with Wing Sauce Choice Arizona Ranch	4165	2126	236	64	4	486	11571	367	21	218	136	7843	103	641	23	
Big Rig Pork Platter, Family Style (4 servings) with Wing Sauce Choice Asian Sesame	4255	2153	239	65	4	471	10281	379	21	230	136	6943	103	641	23	
Big Rig Pork Platter, Family Style (4 servings) with Wing Sauce Choice Boom Boom	4435	2369	263	68	4	516	9951	370	21	221	136	6943	106	641	23	
Big Rig Pork Platter, Family Style (4 servings) with Wing Sauce Choice Buckeye BBQ	4105	1910	212	61	4	471	9981	406	21	257	136	7543	110	701	24	
Big Rig Pork Platter, Family Style (4 servings) with Wing Sauce Choice Cajun	4195	2153	239	65	4	486	10131	367	24	218	136	8143	99	701	24	
Big Rig Pork Platter, Family Style (4 servings) with Wing Sauce Choice Golden Garlic	4195	2153	239	65	4	471	10341	364	21	215	136	6943	103	641	23	
Big Rig Pork Platter, Family Style (4 servings) with Wing Sauce Choice Haute Parmesan	4187	2142	238	65	4	482	10486	365	23	215	139	6793	121	731	24	
Big Rig Pork Platter, Family Style (4 servings) with Wing Sauce Choice Hot	3949	1919	213	61	4	471	11850	364	23	216	137	8271	101	654	23	
Big Rig Pork Platter, Family Style (4 servings) with Wing Sauce Choice Kentucky Bourbon Glaze	4135	1910	212	61	4	471	10221	409	21	260	136	6943	99	641	27	
Big Rig Pork Platter, Family Style (4 servings) with Wing Sauce Choice Louisiana Lickers	4105	1978	220	61	4	471	10641	385	21	236	136	7543	106	641	24	
Big Rig Pork Platter, Family Style (4 servings) with Wing Sauce Choice Medium	4255	2234	248	67	4	471	10641	364	21	215	136	7543	99	641	23	
Big Rig Pork Platter, Family Style (4 servings) with Wing Sauce Choice Original BBQ	4135	1910	212	61	4	471	9801	412	21	260	136	6643	113	641	24	
Big Rig Pork Platter, Family Style (4 servings) with Wing Sauce Choice Parmesan Pepper	4375	2315	257	70	4	561	10311	361	21	215	136	6643	99	1001	23	
Big Rig Pork Platter, Family Style (4 servings) with Wing Sauce Choice Smoked Jalapeno Honey	4135	1910	212	61	4	471	10221	415	21	269	136	6643	99	641	23	
Big Rig Pork Platter, Family Style (4 servings) with Wing Sauce Choice Supercharged	3955	1924	214	61	4	471	10311	364	24	215	136	11893	103	641	24	
Big Rig Pork Platter, Family Style (4 servings) with Wing Sauce Choice Thai R Cracker	4195	1910	212	61	4	471	10431	427	21	278	136	6943	99	641	23	
Big Rig Pork Platter, Family Style (4 servings) with Wing Sauce Choice Thaiisan	4225	2032	226	63	4	471	10566	403	21	254	136	6943	101	641	23	
Big Rig Pork Platter, Family Style (4 servings) with Wing Sauce Choice Triple Atomic	4063	1934	215	61	4	471	10599	388	23	238	137	7969	235	651	23	
Ribs (1 serving)	1326	827	103	37	3	319	411	24	1	19	65	524	1	167	5	
Ribs (1 serving) with Wing Sauce Choice Arizona Ranch	1566	1143	127	40	3	334	2841	30	1	22	65	1724	4	167	5	
Ribs (1 serving) with Wing Sauce Choice Asian Sesame	1656	1170	130	42	3	319	1551	42	1	34	65	824	4	167	5	
Ribs (1 serving) with Wing Sauce Choice Boom Boom Sauce	1836	1386	154	45	3	364	1221	33	1	25	65	824	8	167	5	
Ribs (1 serving) with Wing Sauce Choice Buckeye BBQ	1506	827	103	37	3	319	1251	68	1	61	65	1424	11	227	6	
Ribs (1 serving) with Wing Sauce Choice Cajun	1596	1170	130	42	3	334	1401	30	4	22	65	2024	40	1	227	6
Ribs (1 serving) with Wing Sauce Choice Garlic Parm	1714	1289	143	44	3	322	1333	28	2	19	67	722	2	201	5	
Ribs (1 serving) with Wing Sauce Choice Golden Garlic	1596	1170	130	42	3	319	1611	27	1	19	65	824	4	167	5	
Ribs (1 serving) with Wing Sauce Choice Haute Parmesan	1588	1159	129	42	3	334	1756	28	3	19	65	6714	22	257	6	
Ribs (1 serving) with Wing Sauce Choice Hot	1350	935	104	38	3	319	3120	27	3	21	65	2152	3	180	5	
Ribs (1 serving) with Wing Sauce Choice Kentucky Bourbon Glaze	1536	927	103	37	3	319	1491	72	1	64	65	824	1	167	9	
Ribs (1 serving) with Wing Sauce Choice Louisiana Lickers	1506	994	110	37	3	319	1911	48	1	49	65	1424	8	167	6	
Ribs (1 serving) with Wing Sauce Choice Medium	1656	1251	139	43	3	319	1911	27	1	19	65	1424	1	167	5	
Ribs (1 serving) with Wing Sauce Choice Mild	1716	1305	145	43	3	319	1401	24	1	40	65	1124	1	167	5	
Ribs (1 serving) with Wing Sauce Choice Original BBQ	1536	927	103	37	3	319	1071	75	1	64	65	524	15	167	6	
Ribs (1 serving) with Wing Sauce Choice Parmesan Pepper	1776	1332	148	46	3	409	1581	24	1	19	65	524	1	527	5	
Ribs (1 serving) with Wing Sauce Choice Ranch	1626	1197	133	42	3	334	1311	30	1	22	65	1124	1	167	5	
Ribs (1 serving) with Wing Sauce Choice Smoked Jalapeno Honey	1536	927	103	37	3	319	1491	78	1	73	65	524	1	167	5	
Ribs (1 serving) with Wing Sauce Choice Smoky Gold BBQ	1480	928	103	37	3	319	1348	61	1	56	65	648	4	189	5	
Ribs (1 serving) with Wing Sauce Choice Supercharged	1356	940	104	37	3	319	1581	27	4	19	65	5774	4	167	6	
Ribs (1 serving) with Wing Sauce Choice Thai R Cracker	1596	927	103	37	3	319	1701	90	1	82	65	824	1	167	5	
Ribs (1 serving) with Wing Sauce Choice Thaiisan	1626	1048	116	40	3	319	1626	66	1	58	65	824	2	167	5	
Ribs (1 serving) with Wing Sauce Choice Triple Atomic	1464	950	106	38	3	319	1870	51	3	42	65	1851	137	176	5	

Mac & Cheese	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
Pork Carnitas Mac and Cheese, Serves 10-15 (1 serving)	846	253	28	13	1	87	2516	66	2	9	33	721	10	463	4
Pork Carnitas Mac and Cheese, Serves 10-15 (15 servings)	9691	3797	422	202	9	1311	37741	989	32	128	500	10609	147	6946	61
Pork Carnitas Mac and Cheese, Serves 4-6 (1 serving)	767	300	33	16	1	103	3011	79	2	10	39	874	12	575	5
Pork Carnitas Mac and Cheese, Serves 4-6 (6 servings)	4604	1800	200	98	5	616	18088	472	15	63	236	5245	73	3450	28
Pulled Chicken Mac and Cheese, 10-15 (1 serving)	606	199	22	11	1	83	2338	66	2	9	36	741	10	459	4
Pulled Chicken Mac and Cheese, 10-15 (15 servings)	9093	2990	332	171	9	1242	33573	992	32	130	537	11122	155	6884	60
Pulled Chicken Mac and Cheese, 4-6 (1 serving)	725	242	27	14	1	98	2714	79	2	11	42	896	13	570	5
Pulled Chicken Mac and Cheese, 4-6 (6 servings)	4348	1454	162	85	5	587	16281	473	15	64	251	5379	76	3423	28
TGT Mac and Cheese, Serves 10-15 (1 serving)	695	219	24	12	1	88	2607	80	2	9	39	585	10	462	4
TGT Mac and Cheese, Serves 10-15 (15 servings)	10425	3280	364	177	10	1317	39112	1200	34	132	587	8779	146	6936	62
TGT Mac and Cheese, Serves 4-6 (1 serving)	846	268	30	15	1	109	3201	86	3	11	48	732	12	577	5
TGT Mac and Cheese, Serves 4-6 (6 servings)	5077	1606	178	88	5	655	19207	578	16	65	288	4389	73	3461	30

Dessert	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
Chocolate Chunk Cookies (1 cookie)	370	162	18	8	0	20	280	50	2	30	4	200	0	20	2
Chocolate Chunk Cookies (6 cookies)	2220	972	108	48	0	120	1680	300	12	180	24	1200	0	120	11
Chocolate Chunk Cookies (12 cookies)	4440	1944	216	96	0	240	3360	600	24	360	48	2400	0	240	22
Fudge Brownies (1 brownie)	510	270	30	11	0	15	90	57	3	45	6	0	0	0	1
Fudge Brownies (6 brownies)	3060	1620	180	63	0	90	540	342	18	270	36	0	0	0	6
Fudge Brownies (12 brownies)	6120	3240	360	126	0	180	1080	684	36	540	72	0	0	0	13

Sidecars	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
Baked Beans (1 pint)	848	0	0	0	0	0	2606	188	18	103	24	1818	15	121	11
Baked Beans (1 quart)	1697	0	0	0	0	0	5212	376	36	206	48	3636	29	242	22
Bucket of Lube Chips (1 serving)	1680	825	92	31	0	72	3074	125	11	9	26	992	3	715	2
Coleslaw (1 pint)	662	298	33	5	0	0	1369	37	6	30	4	4086	80	125	2
Coleslaw (1 quart)	884	596	66	9	0	0	2738	75	13	60	8	8171	160	251	3
Mac and Cheese, Pint (1 pint)	817	449	50	23	0	45	2221	68	0	9	23	2287	0	455	3
Mac and Cheese, Quart (1 quart)	1323	476	53	30	2	144	5511	151	4	23	60	1569	26	1247	8

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