

WHEAT & GLUTEN-FREE

★ Suggested Menu Options ★

We have prepared this suggested list of beverage and food options based on the most current ingredient information from our food suppliers and their stated absence of wheat/gluten within these items. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, **including common fryer oil** (noted*), the possibility exists for food items to come in contact with other food products.

DUE TO THESE CIRCUMSTANCES, WE ARE UNABLE TO GUARANTEE THAT ANY MENU ITEM CAN BE COMPLETELY FREE OF ALLERGENS. PRIOR TO PLACING YOUR ORDER, PLEASE ALWAYS ALERT THE MANAGER TO YOUR FOOD ALLERGY OR SPECIAL DIETARY NEEDS

JUMP STARTERS

FULLY LOADED NACHOS
LOADED MAGNA FRIES*
LUBE CHIPS*
(WITHOUT BEER-CHEESE DIP)

JUMBO BONE-IN WINGS*

ANY SIZE ORDER (UNSAUCED)
TRIPLE ATOMIC WINGS*

SPECIALTY SALADS & SOUP

(WITHOUT DRESSING)

BIKER CHICKEN SALAD
SIDE GARAGE SALAD

SALAD LUBES

BALSAMIC VINAIGRETTE
BLEU CHEESE
CHIPOTLE RANCH
FARMHOUSE RANCH
FAT FREE ITALIAN
LUBE JALAPEÑO RANCH
NORTHERN ITALIAN
OLIVE OIL & BALSAMIC VINEGAR
SWEET ONION
WILDBERRY POPPYSEED

MAIN STREET

(WITHOUT SAUCE & SIDECARS)

THE LUBE'S® BABY BACK RIBS

REGULAR SIDECARS

BOURBON BAKED BEANS
CELERY, CARROTS & RANCH DIP
FRESH STEAMED BROCCOLI
(WITHOUT BEER-CHEESE DIP)
LUBE COLESLAW
FRESH BAKED IDAHO POTATO
LUBE FRENCH FRIES*
LUBE POTATO CHIPS*
(WITHOUT BEER-CHEESE DIP)
SAUTÉED GREEN BEANS &
RED PEPPERS

PREMIUM SIDECARS

LOADED BAKED IDAHO POTATO
LOADED FRENCH FRIES

WING SAUCES & CONDIMENTS

(2 OZ. SERVING)

ARIZONA RANCH® SAUCE
BLEU CHEESE DIP
BOOM BOOM SAUCE
BUCKEYE BBQ® SAUCE
CAJUN SAUCE
DUSTED CHIPOTLE BBQ
DUSTED MANGO HABANERO
GOLDEN GARLIC® SAUCE
HAUTE PARM SAUCE
HOT SAUCE
KENTUCKY BOURBON GLAZE
LOUISIANA LICKERS® SAUCE
MEDIUM SAUCE
MILD SAUCE
"ORIGINAL" BBQ SAUCE
PARMESAN PEPPER
SMOKED JALAPEÑO HONEY
SUPERCHARGED
TRIPLE ATOMIC SAUCE

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THIRST QUENCHERS

(AVAILABILITY VARIES BY LOCATION)

DIET PEPSI
DR. PEPPER
FRESH BREWED COFFEE
FRESH BREWED ICED TEA
FRESH BREWED SWEET ICED TEA
LUBE OLD TYME BOTTLED ROOT BEER
MIST TWST
MOUNTAIN DEW
NESTLE PURE LIFE BOTTLED WATER
PEPSI
RED BULL ENERGY DRINK
SUGAR FREE RED BULL ENERGY DRINK
TROPICANA FRUIT PUNCH
UNLEADED LUBE-N-ADE

HAND-CRAFTED SHAKES & SODAS

CLASSIC CHOCOLATE MILKSHAKE
CLASSIC VANILLA MILKSHAKE
STONE FRUIT SODA
ORANGE CREAM SODA
VANILLA CREAM SODA

FDA established, among other criteria, a gluten limit of less than 20 parts per million (ppm) for foods that carry the label "gluten-free," "no gluten," "free of gluten," or "without gluten." This level is the lowest that can be reliably detected in foods using scientifically validated analytical methods.

At Quaker Steak & Lube®, a top priority is always the health and safety of our guests. As part of our commitment to you, our allergen menus are based on product information provided by Quaker Steak & Lube® approved food manufacturers. Every effort is made to keep this information current. However, it is possible that ingredient changes and substitutions may occur due to the differences in regional suppliers, recipe revisions, preparation techniques, and/or the season of the year. Certain menu items may vary from restaurant to restaurant and may not be available at all locations. We highly recommend that our guests with food allergies or special dietary needs consult with a restaurant manager prior to placing an order to ensure the posted information is accurate and represents the menu items sold at that particular location. Limited time offers, test products, or regional items have not been included in the menus.